

May 25, 2006

Page one of two

Group Health Cooperative POB 34590 Seattle, WA 98124-1590 FAX # 206 / 901-6205

To Customer Service Department:

On 4/7/06 I, Elana Laham, came to the Tacoma Specialty Medical Center because I had a red shaped ring growth on my right breast for two weeks, and it suddenly started to itch profusely. A John Hoagland-Scher diagnosed me with ring worm. He prescribed the medication called Clotrimazole & Betamethasone Dipropionate Cream, which he instructed me to take four times a day for a month. He told me to see my primary care physician (PCP) if my condition did not resolve within a month. I asked him several times if this medication had any steroids in it, because I refuse to take anything with steroids in it. He told me that it was an antifungal cream and that it did not have any steroids in it.

On 5/10/06 I, Elana Laham, came to the Federal Way Medical Center because, although the red ring shaped spot on my right breast no longer itched and was now a small faded brown spot, I had suddenly broken out into a large blood red rash all over my right breast area. My PCP, Matthew B. Quick, told me that he thought it might be an allergic reaction to the medication I'd been taking for ring worm, which he informed me had steroids in it — Betamethasone is a steroid. When I asked him if he knew what the rash was, he said "You have an alien on your breast." Those were his exact words! He then told me to wait ten days to see if the rash would go away by itself.

On 5/12/06 I, Elana Laham, returned to the Tacoma Specialty Medical Center because, not only was my red rash not getting better, but it was spreading. A Yun-Sun Choe said that he thought that I had some sort of fungus, but he did not know what fungus. He then prescribed a different anti-fungal cream for me, called Miconazole Nitrate, that did not have any steroids in it, to see if it would help. He told me to follow up with my PCP if there was no improvement within three to five days. I then told Yun-Sun Choe that I was frustrated by the fact that neither he nor my primary care physician knew what was going on with me. To that he blurted out, "You think I don't know Jack S**t about anything, don't you?" Those were his exact words!

On 5/16/06 I, Elana Laham, returned to the Federal Way Medical Center because the red rash on my breast was not getting any worse but it was not improving either. My PCP, Matthew B. Quick, still did not know what my condition was and referred me to a dermatologist named Jill Rosenthal in the Tacoma Medical Center.

On 5/17/06 I, Elana Laham, returned to the Tacoma Medical Center to see dermatologist Jill Rosenthal. She diagnosed me as having Nummular Dermatitis and eczema on the spot on my right breast. She also diagnosed the rash on the rest of my right breast as dermatitis, of which she said that some of the redness might be due to the strong steroid in the first cream that John Hoagland-Scher prescribed. She also prescribed a series of medications for me to take to get rid of the dryness and irritation on my skin. I told her that it did not make any sense to me that what began as a red ring on my right breast, which was now a faded almost non existent small brown spot, was eczema, because this spot did not itch at all for the first two weeks that I had it! She had no response to this.

Because of her own above diagnoses, I therefore requested that she put in my medical file that I was allergic to steroids. But she refused, telling me, "You are going to have difficulty in your life if you don't take steroids because steroids are found in most medications." Those were her exact words! She then said that I had a reaction to steroids, but that that did not mean I was intolerant or allergic to them. This makes no sense, because the meaning of the word allergic is "a reaction to a previously encountered substance resulting in SKIN RASH" (Random House Webster's College Dictionary p. 35). Per my request, Jill Rosenthal put in my FYI file that "I do not want steroids of any type". But against my wishes she also wrote, "Patient had neither an allergic nor an intolerance (to steroids)".

My visit with Jill Rosenthal made me feel that she did not know what she was talking about, so I decided not to use any of the medications that she prescribed for me. Instead, I continued using the anti-fungal non-steroid cream called Miconazole Nitrate.

May 25, 2006 Page two of two

Due to all of the above, it has become clear to me, a lay person, not a doctor of any kind, that the anti-fungal cream called Clotrimazole & Betamethasone Dipropionate, the ingredients of which are respectively an anti-fungal medicine and a steroid, got rid of the fungus called ring worm, but at the expense of creating an allergic reaction. It has also become clear to me, a lay person, not a doctor of any kind, that the anti-fungal cream called Miconazole Nitrate, which does not contain steroids, got rid of the red rash that was an allergic reaction to the steroids. What I do not comprehend is why none of the above doctors that are providers for your health insurance group realize that:

- 1) I am allergic to steroids
- 2) I had the fungus called ring worm
- 3) I have a right not to use steroids

In addition your doctors were

- a) very incompetent ring worm is not rocket science, but neither Yun-Sun Choe, Matthew B. Quick, or Jill Rosenthal recognized that ring worm is what I had..
- b) extremely rude Yun-Sun Choe's use of fowl language and Matthew B. Quick referral to my body's private parts..
- c) unprofessional Jill Rosenthal commenting that most medications have steroids in them and therefore my life will be difficult if I don't use steroids, and her refusal via her own evaluation to put in my file that I am allergic to steroids, makes her sound like a glorified drug dealer trying to push harmful drugs on me, instead of a doctor concerned about MY health.

Putting in the FYI section of my medical file that I refuse to use steroids would not have prevented John Hoagland-Scher from giving me steroids against my wishes. Therefore, since I had an allergic reaction to steroids I demand that I be given a copy of my medical file showing the following statement has been added to it: "I ELANA LAHAM, AM ALLERGIC TO STEROIDS AND THEREFORE UNDER NO CIRCUMSTANCES SHOULD BE GIVEN ANY, STEROIDS" If you refuse to do this and I become harmed again because someone from your Health Care Provider List gives me steroids, I will file a law suit against you.

Had John Hoagland-Scher honored my request that I did not want any medication with steroids in it, I would not be writing this letter, because none of the other events would have transpired. Therefore, I demand a refund for all of the co-payments I had to make - 5 visits which total \$50.00. I will be happy to give you copies of my receipts for these disservices. Also, I demand a reimbursement for the drugs that John Hoagland-Cher prescribed for me because he gave me steroids without my permission. That is \$5.00 for Clotrimazole & Betamethasone Dipropionate Cream. I demand a reimbursement for the drugs Jill Rosenthal prescribed for me because they were not applicable to my condition and so I could not use any of them. They are as follows: \$15.00 for Tacrolimus Ointment, \$2.50 for Bacitracin, and \$6.95 for OT DML Moisturizer Lotion. I will be happy to give you copies of my receipts for these unused medications. I will be happy to return them to the pharmacy that they came from, so that someone there can verify that they have never been used. This is a total of \$29.45 for worthless medicine. Grand total is \$79.45.

Because you are supposed to be a health care facility, I hope that you possess the decency and morality to honor my justified and reasonable requests. If you do not resolve the above to my satisfaction, I may pursue legal action against you. I will also be keeping this correspondence for future reference. If you send me any correspondence(s) that are not interested in resolving the above but only wish to defend the incompetent, unprofessional, and rude manner in which your providers dealt with me, I will NOT read them!

Sincerely,

Elana Laham Group Health Number 02841648 7104 Lindsey SE #207 Auburn, WA 98092



Transmission Report

Date/Time Local ID Local Name Company Logo 5-25-06; 7:01AM 253 657 3233 MMA Product Support

This document was confirmed.

(reduced sample and details below)

Document Size Letter-S

May 25, 2006

Page one of two

Group Health Cooperative POB 34590 Seattle, WA 98124-1590 FAX # 206 / 901-6205

To Customer Service Department:

On 4/7/06 I, Elana Laham, came to the Tacoma Specialty Medical Center because I had a red shaped ring growth on my right breast for two weeks, and it suddenly started to itch profinely. A John Houghard-Scher diagnosed me with ring worm. He prescribed the medication called Civrinazule & Betamethesone Dipropriomate Cream, which he instructed me to take four times a day for a month. He told me to see my primary care physician (PCP) if my condition did not resolve within a month. I saked him several times if this medication had any steroids in it, because I refuse to take anything with steroids in it. He told me that it was an antilingal cream and that it did not have any steroids in it.

On 5/10/06 I, Elans Laham, came to the Federal Way Medical Center because, although the red ring shaped spot on my right breast no longer fiched and was now a small fladed brown spot, I had suddenly broken out into a large blood red rash all over my right breast rates. My PCP, Matthew B, Quick, told me that he thought it might be an altergial reaction to the medication I'd been baking for ring worm, which be informed me had storoids in it — Bestameshasons is a steroid. When I saked him if he leave what the rash was, he said "You have an alien on your breast." Those were his coast world! He then told me to wait ten days to see if the rash would go sawny by itself.

On 5/12/06 I, Elana Laham, returned to the Tacoma Specialty Medical Center because, not only was my red rash not getting better, but it was spreading. A Yun-Sun Choe said that he thought that I had some sort of fungus, but he did not know what fungus. He then prescribed a different anti-fungul cream for ma, called Miconazole Nitrate, that did not have any starolds in it, to see if it would help. He told me to follow up with my PCP if there was no improvement within three to five days. I then told Yun-Sun Choe that I was frustrated by the fact that neither he nor my primary care physician knew what was going on with me. To that he blurted out, "You think I don't know Jack S**t about anything, don't you?" Those were his exact words!

On 5/16/06 I, Elana Laham, returned to the Federal Way Medical Center because the red rash on my breast was not getting any worse but it was not improving either. My PCP, Matthew B. Quick, still did not know what my condition was and referred me to a dermetologist named Jill Rosenthal in the Tacoma Medical Center.

On 5/17/06 I, Blans Laham, returned to the Tucoma Medical Center to see dernatologist Jill Rosenthal. She diagnosed me as having Nummular Dermatitis and eczena on the spot on my right breast. She also diagnosed the rath on the rest of my right breast as dematicis, of which she said that some of the redness might be due to the strong strends in the first cream that John Hongland-Scher prescribed. She also prescribed a series of medications for me to take to get rid of the dryness and irritation or my skin. I told her that it did not make any sense to me that what began as a red ring on my right breast, which was now a fixed almost one existent small brown spot, was eczenna, because this spot did not lich at all for the first two weeks that I had it. She had no response to this.

Because of her own shove diagnoses, I therefore requested that she put in my medical file that I was allergic to steroids. But she refused, telling me, "You are going to have difficulty in your life if you don't take steroids because steroids are found in most medications." Those were her exact words! She then said that I had a reaction to steroids, but that that did not mean I was intollerant or allergic to them. This makes no sense, because the meaning of the word allergic is "a reaction to a previously encountered substance resulting in SKIN RASIF" (Random House Webster's College Dictionary p. 3.5). Per my request, fill Rosenthal put hen my FrI file that "I do not want steroids of any type". But against my wishes she also wrote, "Patient had neither an allergic nor an intolerance (to steroids)".

My visit with Jill Rosenthal made me feel that she did not know what she was talking about, so I decided not to use any of the medications that she prescribed for me. Instead, I commed using the anti-fungal non-seroid cream called Miconazole Nitrate.

Total Pages Scanned : 2 Total Pages Confirmed : 2

No.	Doc	Remote Station	Start Time	Duration	Pages	Mode	Comments	Results
1	347	92069016205	5-25-06; 7:00AM	56"	2/ 2	EC		CP 24.0

Notes :

140 6						
EC:	Error Correct	RE: Resend	PD:	Polled by Remote	MB:	Receive to Mailbox
BC:	Broadcast Send	MP: Multi-Poll	PG:	Polling a Remote	PI:	Power Interruption
CP:	Completed	RM: Receive to Memory	DR:	Document Removed	TM:	Terminated by user
HS:	Host Scan	HP: Host Print	FO:	Forced Output	WT:	Waiting Transfer
HF:	Host Fax	HR: Host Receive	FM:	Forward Mailbox Doc.	ws:	Waiting Send

GHC Transcription

Elana Laham (MR# 02841648)

Visit Summary :::

Progress Notes

Transcription

Type

<u>ID</u>

Date and Time

1470988L- 4/8/2006 1:51 AM

Author

HOAGLAND-SCHER, JOHN E

Authenticated by HOAGLAND-SCHER, JOHN E Physician on 4/9/2006 at 3:07 PM This document replaces document 1470988L

Document Text

GHC Urgent Care

Chart Home Base:

cc: MATTHEW B QUICK, MD

This is the progress note section for the April 7, 2006 urgent care visit.

CHIEF COMPLAINT: Skin lesions.

SUBJECTIVE: The patient is a 47-year-old woman who has a new skin lesion on her right breast for the past 2 weeks. It's very itchy. She hasn't put anything on it yet. She says it started out by looking like a little cut and then enlarged. She also says that she has a number of other skin lesions that she wants me to evaluate.

OBJECTIVE: See Epic for vital signs. The first lesion the patient is concerned about is a 6 mm diameter annular raised lesion on the upper outer rim of the right areola. At this size there may be some central clearing. It's difficult to tell. There is mild erythema. The lesion was scraped but did not yield much in the way of scale. A fungal culture was sent. The next 2 lesions were pale yellowish lesions on both areolas. They were each about 2-3 mm in diameter and just slightly raised. These are asymptomatic. The patient has a mole with hair growing out of it on the right side of the back in the lower thoracic area. She has a number of skin tags in a collar distribution.

ASSESSMENT: The first lesion appears to be ringworm. The second two yellowish lesions appear to either be some grandular hyperplasia or seborrheic keratoses. The other lesions were a mole and numerous skin tags around the neck, as mentioned.

PLAN: The patient had multiple questions about these lesions, which were answered. She wanted to know about having the fungal infection removed. I explained that first we should try to get rid of it with an antifungal cream and that if it hasn't resolved entirely in a month, a basal cell carcinoma should be suspected and she should see her physician for biopsy. I explained that removal of the other lesions depends upon whether they are causing unpleasant symptoms. Written instructions were provided. See patient instructions and followup.

JEH:vb 20086vb

Dictated:

04/08/2006 01:51 JOHN E HOAGLAND-SCHER, MD

Transcribed: 04/08/2006 09:16 FAMILY PRACTICE

Display document 1470988L-1 only

Document History

abnormal redness

L .HAW, ELANA (ID#02841648) FUNGAL CULTURE....
FUNGAL CULTURE SKIN
ISOLATE: NO FUNGUS ISOLA... p

Group Health Cooperative

This document contains confidential information about your health and care. It is provided directly to you for your personal, private use only.

After Visit Summary

Elana Laham (MR# 02841648)

/is		 	 				.000	 			
7						-					

Visit Information

04/07/2006

Time 7:20 PM Department

TSC URGENT CARE

Provider

JOHN

HOAGLAND-SCHER,

MD

Vitals

BP 131/79 **Pulse**

Temp (Src) 98.5 (Oral)

Resp 16

Wt

SaO2

205 lbs (93.0kg)

4/7/2006

98%

LMP

03/10/2006

Instructions and Follow-Up

Patient

Instructions

The little yellow lumps that you haave on your breasts are either normal tissue (areola) or seborrheic keratoses. You can get more info by googling medlineplus.

The itchy lesion is most likely tobe ringworm, but if it doesn't go away completely within 1 month see MATTHEW B. QUICK, MD. Follow up sooner if it gets worse.

Good Luck!

JOHN HOAGLAND-SCHER, MD

0/0

Prescriptions

Ordered This

Encounter,

Prescriptions

CLOTRIMAZOLE BETAMETHASONE 159

1%-0:05% TOPICAL CREAM

Sig: apply to right breast lesion four times daily

Route: Topical

CULTURE FUNGAL-DERMATOPHYTES (GHC) [87101.001]

More information about this visit, other parts of your health record, and links to additional health information are available online at the MyGroupHealth for Members Web site, located at www.ghc.org. You can also use MyGroupHealth to e-mail your doctor, request appointments and refill prescriptions.

Printed by HOAGLAND-SCHER, JOHN on 4/7/06 at 9:31 PM

Page 1 of 1

Print Date 04/07/06

Dispensed at GHC MEDICAL CENTER-TACOMA on 04/07/06 at 21:46 by 003633 Federal Tax ID: 91-0511770 Phone: 1.888.901.4636 NCPDP Number: 4917401

##################################

######## (MEMBER# 02841648)

PATIENT: LAHAM, ELANA

########

#####################################

Number

Prescription Date Of NDC Days Service Qty Supply Price

Patient

Charge Charge Reason

0976-9027-424/04/07/06/ 1 15 30.75 CLOTRIM-BETAMET 1%/.05% TUBE (NDC 51672-4048-6) 5.00 Cost Share

Prescriber: HOAGLAND-SCHER, J E

Account 041981314 Charges: 5.00/Pre-payments: 0.00/Due:

Total Patient Charges 5.00/Pre-payments:

0.00*Due:

This document is not proof of payment. A cashier receipt is needed for proof of payment.

This document contains confidential information about your health and care. This is provided directly to you for your personal, private use only.



John Hongland-Scher

DATE: 7Apr2006

647931-21454193

Group Health Cooperative

Facility: Tacoma Specialty Medical Ctr

Cashier: NOELGE1

LAHAM, Elana

MRN#: 02841648

ACCT: 41981314

5.00 CD

SUBTOTAL

5.00

COPAY N/C SUBTOTAL

5.00

* * * * *

AMOUNT TENDERED

CASH

5.00

CHANGE DUE

0.00

BALANCE TO BE BILLED

0.00

Dr Mottnew Quick Group Fleath 301 5 320th St. Fed Way, WA 98003

DATE: 10May2006

662577-16060236

Group Health Cooperative

Facility: Federal Way Medical Center

Cashier: SCHLJX1

4.30pm

LAHAM, Elana

MRN#:02841648

ACCT: 43626354

OFFICE VISIT COPAY

P

 $10.00 \ C0$

SUBTOTAL

10.00

COPAY N/C SUBTOTAL

10.00

AMOUNT TENDERED

CASH

20.00

CHANGE DUE

10.00

BALANCE TO BE BILLED

0.00

This is an estimate of your charges You may be billed for additional charges

253-874-7000

Jun-Sun Choe

DATÉ: 12May2006 664117-19542190

Group Health Cooperative

Facility: Tacoma Specialty Medical Ctr

Cashier: WINKJX1

LAHAM, Elana

MRN#:02841648 ACCT:43664474

OFFICE VISIT COPAY P

10.00 CO

SUBTOTAL

10.00

COPAY N/C SUBTOTAL

10.00

AMOUNT TENDERED

CASH

10.00

CHANGE DUE

0.00

BALANCE TO BE BILLED

0.00

Group Health Cooperative

This document contains confidential information about your health and care. It is provided directly to you for your personal, private use only.

After Visit Summary

Elana Laham (MR# 02841648)



Antifungal Cream

209 M.L.KING MICONAZOLE 2 % TOP IUBE 2 Refills APPLY TO AFF TED AREA(S) TWICE AILY AS DIRECTED FOR EXTERNAL USE ONLY Discard 1.95 \$2 LAHAM, ELANA *E0 Cı 1LS WARNING: State or federal law prohibits transfer of this drug to any person other than the person for whom it was prescribed.

TACOMA MC

Red Antifungal fresh Planes

NET WT 1 OZ (28 g)

11/28/06

CALPHARMA.
MICONAZOI
NITRATE 2%
Antifungal Gream

More informat

Printed by CHOE, Y

Store at controlled room temperature 59°-86°F (15°-30°C).

IMPORTANT: The opening of this product is covered by a metal tamper-evident seal. If this seal has been punctured or is not visible, do not use and return product to place of purchase.

TO OPEN: To puncture the seal, reverse the cap and place the puncture-top onto the tube. Push down firmly until seal is open. To close, screw the cap back onto the tube.

*This product is not manufactured or distributed by Pharmacia & Upjohn Company LLC, owner of the registered trademark Micatin®. 07350200C1 VC105667

Manufactured by **Alpharma USPD Inc.**, Baltimore, MD 21244

GroupHealth

N 04720 73556 4

 \leftarrow

age 1 of 1

Drug Facts

nactive ingredients be	cici acid, BHA, mineral oil, peglicol 5 oleate, pegoxol 7 stearate, purified water
or jock itch	use every day for 2 weeks. If condition lasts longer, contact a doctor.
myowgniy bna toot a'steldta yo	use every day for 4 weeks
oot athlete's foot	pay special attention to spaces between the toes; wear well-fitting, ventilated shoes, and change shoes and socks at least once every day
Directions clean the affected area and dry apply a thin layer of the produc supervise children in the use o this product does not work on	over affected area twice daily (morning and night), or as directed by a doctor this product
eep out of reach of children. I	swallowed, get medical help or contact a Poison Control Center right away.
o not use on children under 2	ars, unless directed by a doctor.
	irritation occurs ///2/6/6/6/1818/12 Reported /for floch flock on Kresh 4 weeks (for athlete's foot or ringworm) or within 2 weeks (for athlete's foot or ringworm) or within 2
/hen using this product • do	seve ent of the every
Varnings or external use only	
Jses treats most athlete's foot, jock relieves itching, scaling, burnin	
Active ingredient Niconazole nitrate 2%	Pugury SenulituA

Group Health Cooperative Pharmacy Dispensing List

Print Date (05/12/06

Dispensed at GHC MEDICAL CENTER-TACOMA on 05/12/06 at 22:52 by 008420 Federal Tax ID: 91-0511770 Phone: 1.888.901.4636 NCPDP Number: 4917401

##############################

########

PATIENT: LAHAM, ELANA

(MEMBER# 02841648)

##################################

########

Number

Prescription Date Of NDC Days Service Qty Supply Price Patient

Charge Charge Reason

1326-9512-324 05/12/06

1 30 1.95

1.95 Not Covered

MICONAZOLE 2 % TUBE (NDC 0472-0735-56)

Prescriber: CHOE, Y

Account 041981314 Charges: 1.95/Pre-payments: 0.00/Due:

Total Patient Charges 1.95/Pre-payments: 0.00*Due: 1.95*

This document is not proof of payment. A cashier receipt is needed for proof of payment.

This document contains confidential information about your health and care. This is provided directly to you for your personal, private use only.

Jun-Sun Choe

DATE: 12May2006

664107-22533388

Group Health Cooperative

Facility: Tacoma Specialty Medical Ctr

Cashier: NOELGE1

LAHAM, Elana

MRN#:02841648

ACCT:41981314

P 1.95 CO

SUBTOTAL

1.95

COPAY N/C SUBTOTAL

95

AMOUNT TENDERED

CASH

CHANGE DUE

0.00

BALANCE TO BE BILLED

0.00

Matthew Quick

DATE: 16May2006

664959-15544385

Group Health Cooperative

Facility: Federal Way Medical Center

Cashier: DEBOJL1

LAHAM, Elana

MRN#:02841648 AC

ACCT:43686790

OFFICE VISIT COPAY P

P 10.00 CO

SUBTOTAL

10.00

COPAY N/C SUBTOTAL

10.00

AMOUNT TENDERED

CASH

10.00

CHANGE DUE

0.00

BALANCE TO BE BILLED

0.00

VIII Rosenthal

Group Hearth Cooperative Facility: Taronna School

Cashier: CURTADI

LAHAM, Elana

MRN#:02841648 ACCT-43/042

SPECIALTY VICIT COPAY P

40.00 (

SUBTOTAL 10.00

COPAY N/C SUBTOTAL

AMOUNT TENDER!

CASH

CHANGE DUI 0.0

BALANCE TO BE BILLED 0 00

Group Health Cooperative

This document contains confidential information about your health and care. It is provided directly to you for your personal, private use only.

After Visit Summary

Elana Laham (MR# 02841648)

Visit and Patient Information

Visit Information

Date 05/17/2006 Time 4:10 PM Department TSC DERMATOLOGY Provider

JILL ROSENTHAL, MD

Instructions and Follow-Up

Patient

Instructions

The original little spot on the right breast is called Nummular dermatitis. It is a kind of eczema due to dryness and irritation.

The bigger reddish area is just a milder kind of dermatitis due to dryness and irritation. Some of the slight redness may be due to the strong steroid in the first cream you had; this is temporary and will go away.

The redness under the breasts is just from irritation and rubbing and sweating. I don't see yeast there now, if you had some it appears to be resolved.

Protopic (tacrolimus) 0.1% ointment twice daily to all the rashy areas.

Bacitracin ointment twice a day (NOT triple antibiotic ointment) just to the original small area (the Nummular dermatitis).

Emollients all over daily after bathing while still damp (DML lotion).

Water is the best way to hydrate your skin (if you do it right), or the best way to dry it out (if you don't). If you bathe, then blot yourself dry but apply your moisturizer while you are STILL DAMP, you will seal in the moisture, as desired. The moisturizer should go on within 3 minutes of getting out of the shower or bathtub. If you bathe, dry yourself off, and then get dressed without moisturizing, you will dry your skin out.

You may want to use a powder under the breasts after drying thoroughly after your shower, to help keep the area dry.

Use a fragrance-free, dye-free detergent, and use only half-strength (Cheer-Free, All-Free, etc).

Avoid bleaching your clothing.

Monthly self-exam (see pamphlet with ABCD's etc.) Call for appointment if any changing moles or other concerns (253-596-3630).

Daily sunblock SPF 15 or higher (30 or 45 for outdoors)

Straight sunblocks:

Neutrogena Healthy Defense Sunblock SPF 45

Instructions and Follow-Up continued

Neutrogena Sensitive Skin Sunblock SPF 30 Neutrogena Ultra-Sheer Dry Touch Sunblock SPF 45 Neutrogena Ultra-Sheer Dry Touch Sunblock SPF 55 with Helioplex

Moisturizers with sunblock: Neutrogena Healthy Defense Moisture Lotion with SPF 30 Purpose Dual Treatment Moisture Lotion (SPF 15) Olay Complete (SPF 15)

Return as needed; please call if any questions or problems (253-596-3630).

The following text was place as an/FYI in the patient's Epic chart:

Random's House
Webster Dictionary
Webster Dictionary
Chronic di lotation
of capittaries
other small,
blood vessels. "Patient prefers to avoid all steroids, topical and systemic. Had mild telangiectases after used betamethasone (this will resolve). She does not want steroids of any type. Patient had neither an allergy nor an intolerance." Patient Instructions History Recorded

Visit Follow-Up

Follow-Up

Return if symptoms worsen or fail to improve.

Orders

Prescriptions Ordered This

Encounter

<u>Prescriptions</u>	<u>Disp</u>	<u>Refills</u>	<u>Start</u>	<u>End</u>
TACROLIMUS (PROTOPIC) 0.1%	60	6/6	5/17/2006	5/17/2007
TOPICAL OINT				

Sig: Apply thinly twice a day for eczema on breasts

Route: Topical

BACITRACIN 500 UNIT/G TOPICAL 15 0/0 5/17/2006 5/17/2007

OINT

Sig: Apply thinly twice a day to small patch of Nummular

eczema on right breast

Route: Topical

MOISTURIZING LOTION (DML) 12 oz 12/12 5/17/2006 5/17/2007

Sig: Apply daily after showering or bathing, for dry skin

Route: Topical

More information about this visit, other parts of your health record, and links to additional health information are available online at the MyGroupHealth for Members Web site, located at www.ghc.org. You can also use MyGroupHealth to e-mail your doctor, request appointments and refill prescriptions.

Print Date 05/17/06

Dispensed at GHC MEDICAL CENTER-TACOMA on 05/17/06 at 18:16 by 003586 Federal Tax ID: 91-0511770 Phone: 1.888.901.4636 NCPDP Number: 4917401

##################################

########

PATIENT: LAHAM, ELANA

(MEMBER# 02841648)

###################################

########

Prescription Date Of NDC Days

Patient

Number

Qty Supply Price Service

Charge Charge Reason

1376-7179-624 05/17/06 2 30 135.20 TACROLIMUS OINT 0.1% TUBE (NDC 0469-5202-30)

15.00 Cost Share

Prescriber: ROSENTHAL, J R

1376-7181-124 05/17/06 1 30 2.50 2.50 Not Covered

BACITRACIN 15GM 500U/GM TUBE (NDC 51672-2005-1)

Prescriber: ROSENTHAL, J R

1376-7196-624 05/17/06 6.95 Not Covered 1 30 6.95

OT DML MOISTUR LOTION BOT (NDC 0096-0722-08)

Prescriber: ROSENTHAL, J R

Account 041981314 Charges: 24.45/Pre-payments: 0.00/Due:

Total Patient Charges 24.45/Pre-payments: 0.00*Due: 24.45*

This document is not proof of payment. A cashier receipt is needed for proof of payment.

This document contains confidential information about your health and care. This is provided directly to you for your personal, private use only.

JIII Rosenthal

DATE (1/10/2006) T00050 1818

Group Hearth Cooperative

Facility Tacoma Specialty Medical Co

Casiner: DUENAX

AHAR Tana

MRN#:0.841648 ACC1:41981314

P 24.45 CO

TOTAL 24.

DPAY N/4 SUBTOTAL

MOUNT TENDEREL

CASE

Unification of the control of the co

Aranchilo BE BILLED

0.00

This is the second of your charges additional charges