

```
#footer a
                {
                         color:#d0e3ff;
                         text-decoration: underline;
                </style>
                <script src="/~site/javascript/jquery-1.4</pre>
.2.min.js" type="text/javascript">
                </script>
                <script type="text/javascript">
                         <!--
                var masterBottom = 938;
                if (typeof jQuery != 'undefined') {
                $(document).ready(function(){
                  try{var footerTop = 0;var curPageBottom
 = 0;
                     if (typeof nPageBottom == 'undefined'
) {
                      $('div[id^="element"]').each(functi
on(i){
                         var top = $(this).css('top');
                         var height = $(this).css('height'
);
                         top = parseInt(top.substring(0,to
p.length - 2));
                         height = parseInt(height.substrin
g(0, height.length - 2));
                         if ((top + height) > curPageBotto
m){curPageBottom = top + height;}
                       });
                    }else{curPageBottom = nPageBottom;}
                    footerTop = masterBottom > curPageBot
tom ? masterBottom : curPageBottom;
                    $('#footer').css('top', footerTop + '
px');
                  }catch (e){$('#footer').hide();}
                });
                }
                                                  //-->
                </script>
                <STYLE type="text/css">
                         <!--
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a/elements/LayoutClipart/undefined'); background-position
: undefined; background-repeat:no-repeat }
navBackgroundSelectedQuickSiteMain { background-image:url
('/~media/elements/LayoutClipart/undefined'); background-
position: undefined; background-repeat:no-repeat }
                                                  -->
                </STYLE>
                <script type="text/javascript" src="/~sit</pre>
```

```
e/Elements/HCUser Forms Submit/FormValidation.js">
                </script>
        <!-- </hs:headinclude> -->
                <!-- <hs:title> -->
                <title>Deal with Bullying | The BullCrap
Busters</title>
                <!-- </hs:title> -->
                <script type="text/javascript">
                        <!--
                                                 function
reDo() {
                                                         t
op.location.reload();
                                                 }
                                                 if (navig
ator.appName == 'Netscape' && parseInt(navigator.appVersi
on) < 5) {
                                                         t
op.onresize = reDo;
                                                 dom=docum
ent.getElementById
                                         //-->
                </script>
                <script type="text/javascript">
                        <!--
  var strRelativePagePath = "Masks---Faces.html".toLowerC
ase();
  var strRelativePathToRoot = "";
                                                 //-->
                </script>
                <link rel="stylesheet" href="/~media/elem
ents/Text/font_styles_ns4.css" type="text/css">
                <style type="text/css">
                        @import url(/~media/elements/Text
/font styles.css);
                        div.lpxcenterpageouter { text-ali
gn: center; position: absolute; top: 0px; left: 0px; widt
h: 100% }
                </style>
                <script type="text/javascript">
                        <!--
                                                         v
ar unique id = new Array();
                        var form_name = new Array();
                        var required = new Array();
```

var req message = new Array();

//-->

```
</script>
```

</head>

<noscript>

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er="0" alt="" src="/~media/elements/shared/javascript_dis
abled.gif">

</noscript>

<div class="lpxcenterpageouter"><div clas</pre> s="lpxcenterpageinner"><!-- <hs:bodyinclude> --><!-- <hs:</pre> master23> --><div id="master23" style="position: absolute</pre> ; left: 34px; width: 909px; height: 923px; z-index: 0;">< div style="overflow: hidden; height: 923px; width: 909px; border: 0px solid #52A8EC; border-radius: 0px; box-shado w: none; "></div></div><!-- </hs:maste</pre> r23> --><!-- <hs:master4> --><div id="master4" style="pos ition: absolute; top: 39px; width: 985px; height: 899px; z-index: 1;"><table cellspacing="0" border="0" cellpaddin g="0"> <img height="899" width="985" title="" alt="" style="disp</pre> lay: block;" src="/~site/siteapps/shapes.action?CMD=GetRe ctangleGif&r=0&g=0&b=0"></div><!-- </hs :master4> --><!-- <hs:master18> --><div id="master18" sty le="position: absolute; top: 79px; left: 21px; width: 945 px; height: 44px; z-index: 2;"><div style="font-size: 1px</pre> ; line-height: 1px;" align="center">THE BULLCRAP BUSTERS
</div><! -- </hs:master18> --><!-- <hs:master19> --><div id="maste r19" style="position: absolute; top: 130px; left: 24px; w idth: 946px; height: 39px; z-index: 3;"><div style="fontsize: 1px; line-height: 1px;" align="center"><font face="</pre> 'Times New Roman', Times, serif" color="#B91806" class="s ize24 TimesRoman24">We Take<f</pre> ont face="'Times New Roman', Times, serif" color="#d0e3ff " class="size24 TimesRoman24"> The<font face="'Times New Roman', Tim</pre> es, serif" color="#e8b900" class="size24 TimesRoman24"> < /font>Bullying<fon t face="'Times New Roman', Times, serif" color="#3f9c2d" class="size24 TimesRoman24"> By<font face="'Times New Roman', Times,

serif" color="#d0e3ff" class="size24 TimesRoman24"> </fo</pre> nt>The <font face="'Times New Roman'</pre> , Times, serif" color="#FFFFFF" class="size24 TimesRoman2 4">Horns
</div><!-- </hs:master19> --><!-- <hs:master17> --><div id="master17" style="position: ab solute; top: 180px; left: 758px; width: 207px; height: 51 8px; z-index: 4;"><div align="left"><SCRIPT type="text/ja</pre> vascript">var nav element id="master17";</SCRIPT><div id= "nav version" style="display:none;">1</div><SCRIPT TYPE=" text/javascript" SRC="/~navs/QuickSiteMain.js"></SCRIPT><</pre> TABLE ID="ntb" CELLSPACING="0" CELLPADDING="0" BORDER="0" ><TR id="vNavTR Link QuickSiteMain1"><TD ALIGN="left" VA LIGN="MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain Link1" st yle="cursor: pointer;cursor: hand;color:#FFFFF;font-size : 1px; line-height: 1px; " onmouseover="doMouseChange(nav_ QuickSiteMain,this,'1',true);" onmouseout="doMouseChange(nav QuickSiteMain,this,'1',false);"><A HREF="/index.html"</pre> TARGET=" self" STYLE="text-decoration:none;" NAME="Home" >Home<///r> A></TD></TR><TR id="vNavTR Link QuickSiteMain2"><TD ALIGN ="left" VALIGN="MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain Link2" style="cursor: pointer;cursor: hand;color:#FFFFFF ;font-size: 1px; line-height: 1px; " onmouseover="doMouseC hange(nav_QuickSiteMain,this,'2',true);" onmouseout="doMo useChange(nav_QuickSiteMain,this,'2',false);"><A HREF="/I</pre> ntroduction.html" TARGET=" self" STYLE="text-decoration:n one;" NAME="Introduction"><IMG style="display: block;" SR</pre> C="/tp.qif" WIDTH="1" HEIGHT="5.0" BORDER="0">Introduc tion<IMG style="display: block;" SRC="/tp.gif" WID</pre> TH="1" HEIGHT="5.0" BORDER="0"></TD></TR><TR id="vNav TR Link QuickSiteMain3"><TD ALIGN="left" VALIGN="MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain Link3" style="cursor: p ointer; cursor: hand; color: #FFFFF; font-size: 1px; line-he ight: 1px;" onmouseover="doMouseChange(nav QuickSiteMain, this, '3', true); " onmouseout="doMouseChange(nav QuickSiteM ain,this,'3',false);">Masks & Faces</F ONT></TD></TR id="vNavTR Link QuickSiteMain4"><TD ALIGN="left" VALIGN="MIDDLE" NOWRAP= "NOWRAP" id="QuickSiteMain_Link4" style="cursor: pointer; cursor: hand; color: #FFFFF; font-size: 1px; line-height: 1 px;" onmouseover="doMouseChange(nav QuickSiteMain,this,'4 ,true);" onmouseout="doMouseChange(nav_QuickSiteMain,thi s, '4', false); "><A HREF="/Society-s-Bully.html" TARGET="_s

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Main5"><TD ALIGN="left" VALIGN="MIDDLE" NOWRAP="NOWRAP" i d="QuickSiteMain_Link5" style="cursor: pointer;cursor: ha nd;color:#FFFFF;font-size: 1px; line-height: 1px;" onmou seover="doMouseChange(nav_QuickSiteMain,this,'5',true);" onmouseout="doMouseChange(nav_QuickSiteMain,this,'5',fals e);">Playground Bully</TD></TR><TR id="vNavTR Link QuickSiteMain6"> <TD ALIGN="left" VALIGN="MIDDLE" NOWRAP="NOWRAP" id="Quic kSiteMain_Link6" style="cursor: pointer;cursor: hand;colo r:#FFFFF;font-size: 1px; line-height: 1px;" onmouseover= "doMouseChange(nav_QuickSiteMain,this,'6',true);" onmouse out="doMouseChange(nav QuickSiteMain,this,'6',false);">Enforcer Bully<IMG style="display: block</pre> ;" SRC="/tp.gif" WIDTH="1" HEIGHT="5.0" BORDER="0"></ TD></TR><TR id="vNavTR Link QuickSiteMain7"><TD ALIGN="le ft" VALIGN="MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain Lin k7" style="cursor: pointer;cursor: hand;color:#FFFFF;fon t-size: 1px; line-height: 1px; "onmouseover="doMouseChang e(nav_QuickSiteMain,this,'7',true);" onmouseout="doMouseC hange(nav_QuickSiteMain,this,'7',false);"><A HREF="/Clerg</pre> y-Bully.html" TARGET="_self" STYLE="text-decoration:none; " NAME="Clergy Bully">Clergy Bully</TD></TR><TR id="vNa

elf" STYLE="text-decoration:none;" NAME="Society's Bully"
><IMG style="display: block;" SRC="/tp.gif" WIDTH="1" HEI
GHT="5.0" BORDER="0"><FONT ID="QuickSiteMain_f4" FACE="'T
imes New Roman', Times, serif" CLASS="size18 TimesRoman18
" STYLE="color:#FFFFF">Society's Bully<IMG s
tyle="display: block;" SRC="/tp.gif" WIDTH="1" HEIGHT="5.
0" BORDER="0"></TD></TR>

R><TR id="vNavTR Link QuickSiteMain9"><TD ALIGN="left" VA LIGN="MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain Link9" st yle="cursor: pointer;cursor: hand;color:#FFFFFF;font-size : 1px; line-height: 1px; " onmouseover="doMouseChange(nav_ QuickSiteMain,this,'9',true);" onmouseout="doMouseChange(nav QuickSiteMain,this,'9',false);"><A HREF="/Elite-Bully</pre> .html" TARGET=" self" STYLE="text-decoration:none;" NAME= "Elite Bully">Elite Bully</FO NT></TD></TR><TR id="vNavTR Link QuickSiteMain10"><TD ALIGN="left" VALIGN="MIDDLE" NOWRAP= "NOWRAP" id="QuickSiteMain Link10" style="cursor: pointer ;cursor: hand;color:#FFFFF;font-size: 1px; line-height: 1px;" onmouseover="doMouseChange(nav_QuickSiteMain,this,' 10',true);" onmouseout="doMouseChange(nav QuickSiteMain,t his, '10', false); ">How to Fight&nb sp;Back<IMG style="display: block;" SRC="/tp.gif"</pre> WIDTH="1" HEIGHT="5.0" BORDER="0"></TD></TR><TR id="v NavTR_Link_QuickSiteMain11"><TD ALIGN="left" VALIGN="MIDD LE" NOWRAP="NOWRAP" id="QuickSiteMain Link11" style="curs or: pointer; cursor: hand; color: #FFFFFF; font-size: 1px; li ne-height: 1px;" onmouseover="doMouseChange(nav_QuickSite Main, this, '11', true); " onmouseout="doMouseChange(nav_Quic kSiteMain,this,'11',false);">Physical Bullying<IMG style="display: block;" SRC="/tp.gif"</pre> WIDTH="1" HEIGHT="5.0" BORDER="0"></TD></TR><TR id=" vNavTR Link QuickSiteMain12"><TD ALIGN="left" VALIGN="MID DLE" NOWRAP="NOWRAP" id="QuickSiteMain Link12" style="cur sor: pointer;cursor: hand;color:#FFFFF;font-size: 1px; 1 ine-height: 1px;" onmouseover="doMouseChange(nav QuickSit eMain,this,'12',true);" onmouseout="doMouseChange(nav_Qui ckSiteMain,this,'12',false);">Emotional&n bsp;Bullying<IMG style="display: block;" SRC="/tp.</pre> qif" WIDTH="1" HEIGHT="5.0" BORDER="0"></TD></TR><TR</pre> id="vNavTR Link QuickSiteMain13"><TD ALIGN="left" VALIGN= "MIDDLE" NOWRAP="NOWRAP" id="QuickSiteMain_Link13" style= "cursor: pointer;cursor: hand;color:#FFFFFF;font-size: 1p x; line-height: 1px;" onmouseover="doMouseChange(nav_Quic kSiteMain,this,'13',true);" onmouseout="doMouseChange(nav _QuickSiteMain,this,'13',false);">Mental B ullying</TD></TR><TR id="v NavTR Link QuickSiteMain14"><TD ALIGN="left" VALIGN="MIDD LE" NOWRAP="NOWRAP" id="QuickSiteMain_Link14" style="curs or: pointer; cursor: hand; color: #FFFFF; font-size: 1px; li ne-height: 1px;" onmouseover="doMouseChange(nav QuickSite Main, this, '14', true); " onmouseout="doMouseChange(nav Quic kSiteMain,this,'14',false);"><IMG style="display: block;" SRC="/tp.qif" WIDTH="1"</pre> HEIGHT="5.0" BORDER="0">Conclusion<IMG style=</pre> "display: block;" SRC="/tp.gif" WIDTH="1" HEIGHT="5.0" BO RDER="0"></TD></TR></TABLE>
<script type="text/ja vascript"> if(typeof(addMouseAndStyleSupportQuickSiteMain) = = 'undefined' && typeof(nav_element_id) != 'undefined'){ var elementDefnDiv = document.getElementB yId(nav element id); var tbWasIdentified = 'false'; for(var i=0;i<elementDefnDiv.childNodes.l</pre> ength;i++){ if(elementDefnDiv.childNodes[i].t agName == 'DIV') { var childDiv = elementDef nDiv.childNodes[i]; for(var j=0;j<childDiv.ch</pre> ildNodes.length;j++){ if(childDiv.child Nodes[j].tagName == 'TABLE' && childDiv.childNodes[j].id == 'ntb'){ childDiv. childNodes[j].style.display='none'; tbWasIden tified = 'true'; if(tbWasIdentifie $d == 'true' \{$ break; } } if(tbWasIdentified == 'true'){ break; } } else { addMouseAndStyleSupportQuickSiteMain(nav_ OuickSiteMain); </script></div></div><!-- </hs:master17> --><!-- <hs:foot er> --><div id="footer" style="position:absolute; top: 15

00px; left: 0px; width: 980px; text-align: center;">Website Designed<script src="/~qlobals/footer.js" type=" text/javascript"></script> at Homestead™ <a target="</pre> blank" href="http://www.homestead.com/">Design a Website and List Your Business</div><!-- </hs:foot er> --><!-- </hs:bodyinclude> --><!-- <hs:element63> -->< div id="element63" style="position: absolute; top: 209px; left: 44px; width: 703px; height: 38340px; z-index: 1000 ;"><div style="height: 38340px; padding: 0px; border-widt h: 0px; border-color: #000000; border-style: solid; backg round-color: #000000;"><div style="font-size: 1px; line-h</pre> eight: 1px;" align="center">
</div><div style="font-size: 1px; line-heig ht: 1px;" align="center">
</div><div style="font-size: 1px; line-height:</pre> lpx;" align="center"><font face="'Times New Roman', Time</pre> s, serif" color="#999999" class="size18 TimesRoman18">
</div><div style="font-size: 1px; line-height: 1p x;" align="center">
</</pre> font></div><div style="font-size: 1px; line-height: 1px;"</pre> align="center">
</fon t></div><div style="font-size: 1px; line-height: 1px;" al ign="center">
< /div><div style="font-size: 1px; line-height: 1px;" align ="center">
</di</pre> v><div style="font-size: 1px; line-height: 1px;" align="c enter">
</div>< div style="font-size: 1px; line-height: 1px;" align="cent er">
</div><div style="font-size: 1px; line-height: 1px;" align="center" >
</div><div st yle="font-size: 1px; line-height: 1px;" align="center"><f</pre> ont face="'Times New Roman', Times, serif" color="#FFFFFF " class="size18 TimesRoman18">BULLY'S MASKS AND FACES OF BULLYING
</div><div style="font-size: 1px; line -height: 1px;" align="center">By Elana Laham © 2013 Elana Laham
</div><d iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18">
</div><div style="font-siz</pre> e: 1px; line-height: 1px; "> Once upon a time I heard a story about the most bu llish bully of all - the Devil. It was said that the Devi 1 went around holding his hand out to people and declared , "Come see what I have! It is very precious indeed! You must have it!" After that, the Devil reached out his clos

ed hand, and coaxed his captive audience into chasing him all about so that they might posses the valuable thing b ehind the Devil's folded fingers. But when the people fin ally caught up to the Devil and pried open the trickster' s palm, they discovered that there was nothing in it!
</div><div style="font-size: 1px; line-height: 1p x;">
</div><div style="font-size: 1px; line-height: 1px;"><font face="'T</pre> imes New Roman', Times, serif" color="#FFFFFF" class="siz e18 TimesRoman18"> Welcome to the empty Devil's hand, w hich is the bully's bag full of tricks - the bully's RUSE S. They are the bully's MASKS of INTIMIDATION and of MANI PULATION that the bully hides behind in order to FOOL us into being victimized by bullying. Since we are all respo nsible for the bully being born, in order to ward off bul lying, we must challenge the Devil's fist by becoming fam iliar with the masks of intimidation and manipulation tha t the bully wears. Then and only then, will we know that all the bully really is... is a poker face, a hot air ball oon, a hole in a doughnut, a sheep's skin, an empty promi se, and an empty threat. Otherwise, the bully will contin ue to wrap us around his little finger and stomp us under neath his big toe.
</div><div style="font-size" : 1px; line-height: 1px;">
</div><div style="font-size: 1px; line-height" : 1px;">The following is a list of the bully's ruses that the bully uses to bully others:
</div><div style="font-size: 1px; lin e-height: 1px;">
</fon t></div><div style="font-size: 1px; line-height: 1px;"><f ont face="'Times New Roman', Times, serif" color="#FFFFFF " class="size18 TimesRoman18">RUSE #1:

THE NAME CALLER BULLY
</div><div style="font-s ize: 1px; line-height: 1px;" align="center"><font face="'</pre> Times New Roman', Times, serif" color="#FFFFFF" class="si zel8 TimesRoman18">
</div><div style="font-size</pre> : 1px; line-height: 1px;"> never hurt me". The first part of this saying is the trut h but the second part of this saying is a lie. Name-calli ng can emotionally scar a victim for life unless the vict im knows what to do against the onslaught of the name cal ling bully. One thing that the victim can do to overcome the emotional hurt of the name calling bully is to realiz e how STUPID the bully is for calling the victim such nam es. As a child I was one of the few kids in school who ha d to wear glasses. So the bully called me, "Four eyes". T hat really upset me until one day when the bully called a nother kid with glasses, "Four eyes" and the kid retorted back, "Four eyes are better than two!" As I thought abou t what the other kid had said to the bully it made me pon der some of the amazing things that nearsighted people ca n see without their glasses that regular sighted people c

annot see. Nearsighted people, without the aid of a magni fying glass, can observe every single detail - the swirls , the curves, the hills, the valleys, and the dots - that geometrically form one's own fingerprint. Nearsighted pe ople, without the aid of trick photography, can view mult iple moons coming out of the one moon in our earthen sky. Nearsighted people, without the aid of a science book, c an look at the black and yellow jacket of fur that the be e's body wears to keep itself fashionably warm in cold we ather. There are advantages and disadvantages to everythi ng under the sun and over the moon. So, while the name ca lling bully calls the victim "four eyes" in order to make the victim feel inferior, who is really the superior hum an specimen, when the victim with abnormal vision can see things that the bully with normal eyesight will never ev er see with his own naked eye?
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="font-size: 1px ; line-height: 1px;">
 </div><div style="font-size: 1px; line-height: 1px ;" align="left">RUSE #2: THE BLOW FISH BULLY
</div><d iv style="font-size: 1px; line-height: 1px;" align="cente r">
</div><div style="font-size: 1px; line-height: 1px;"><font face="'Ti</pre> mes New Roman', Times, serif" color="#FFFFFF" class="size 18 TimesRoman18"> There is a fish that lives in the oce an called a Blow Fish. Whenever a predator preys upon a B low Fish, the Blow Fish inflates itself several times lar ger than its normal size to convince its enemies that it is too big to trifle with. It does this by sucking lots o f air into its gills. Like the Blow Fish, the Blow Fish b ully makes it appear that he is bigger than he really is. But unlike the Blow Fish in the sea that uses its larger size as a defense mechanism to protect itself from dange r, the Blow Fish bully
</div><div style="fontsize: 1px; line-height: 1px; ">inflates his size with a lot of hot air in order to convince people not to defend themselves against him.
 </div><div style="font-size: 1px; line-height: 1px ;">
</div><div</pre> style="font-size: 1px; line-height: 1px;"><font face="'Ti</pre> mes New Roman', Times, serif" color="#FFFFFF" class="size 18 TimesRoman18"> The following is a true story that il lustrates how the Blow Fish bully operates:
</d iv><div style="font-size: 1px; line-height: 1px;"><font f</pre> ace="'Times New Roman', Times, serif" color="#FFFFFF" cla ss="size18 TimesRoman18">
</div><div style="fon t-size: 1px; line-height: 1px;"> I sued Bally Total Fitness for Breach of Contra ct. One of its managers had signed a contract agreeing to

let me be a guest of Bally for one month. This meant tha t I was allowed to use its facilities for free. But after three days of doing so, I was told by another manager th at I could not. Even though I argued that a contract had been agreed upon in which both parties, myself, and the m anager, had signed, I was told that if she did not leave the gym right away security would throw me out. So I told Bally Total Fitness that I was going to pursue legal act ion against them for Breach of Contract.
</div ><div style="font-size: 1px; line-height: 1px;">
</div><div style="fontsize: 1px; line-height: 1px;"> Several days later, I received a call from Bally Total Fitness threatening that, if I went to small claim& #39;s court against them, they would make me look bad in court.
</div><div style="font-size: 1px; line-h</pre> eight: 1px;">
< /div><div style="font-size: 1px; line-height: 1px;"> On the day of the trial, in stead of getting the judge that was assigned by the court to my legal case, an attorney took the judge's stand In addition, the manager who signed the one month ques t contract was conveniently absent from the courtroom. In stead two regional managers showed up who had nothing to do with the law suit. The judge acting lawyer exercised a loop hole in the law on contracts. Since I did not give Bally Total Fitness any money to use their facilities, Ba lly Total Fitness was not obligated to honor its contract with me. That should have been the end of the hearing. B ut it wasn't.
</div><div style="font-size: lpx; line-height: lpx;"><font face="'Times New Roman', Ti</pre> mes, serif" color="#FFFFFF" class="size18 TimesRoman18"><</pre> br></div><div style="font-size: 1px; line-height:</pre> 1px;"><font face="'Times New Roman', Times, serif" color=</pre> "#FFFFFF" class="size18 TimesRoman18"> Instead both t he lawyer-acting-judge and the defendant, Bally Total Fit ness, proceeded to punish the plaintiff - me for daring t o stand up for my consumer rights by attempting to humili ate me in court. Bally Total Fitness had its own employee s BARE FALSE WITNESS IN COURT against me. Bally Total Fit ness's employees, whom I had never met during the thr ee days that I was allowed to use their gym, committed sl ander by falsely accusing me of being a " trouble mak er". Bally Total Fitness's employees also did PE RJURY IN COURT by committing libel by signing false state ments that I was a " trouble maker". The lawyeracting-judge made several nasty untrue remarks herself ab out the plaintiff to the plaintiff. One of them was to in sist that I made it a practice to go to every gym in town just to get free passes. She asserted this in the courtr oom without any evidence whatsoever supporting her claim. Bally Total Fitness was the only gym the I had ever gone to.
</div><div style="font-size: 1px; line-hei" ght: 1px; "><font face="'Times New Roman', Times, serif" c

olor="#FFFFFF" class="size18 TimesRoman18">
</d</pre> iv><div style="font-size: 1px; line-height: 1px;"> It was a most unpleasant expe rience for me to have gone to court that day. For Bally T otal Fitness's only concern was to blow up its image by harassing me for filing a LEGITIMATE legal complaint a gainst Bally Total Fitness. But, all Bally Total Fitness ended up doing, by being a Blow Fish bully, was to cut it self down to size.
</div><div style="font-size"</pre> : 1px; line-height: 1px;">
</div><div style="font-size: 1px; line-height" : 1px;"> Bally Total Fi tness did this by having to pay \$120.00 out of its own po cket just to have its Regional Managers show up in court. Also, it cost about \$25.00 an hour to have its corrupt e mployees write up their false derogatory reports about th e me. This totaled a minimum of about \$145.00 that came out of Bally Total Fitness's own pocket just to bad m outh me during my day in court.
</div><div st yle="font-size: 1px; line-height: 1px;"><font face="'Time</pre> s New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="font-size: 1p</pre> x; line-height: 1px;"> What Bally Total Fitness ought to have done for their own sake was to honor the contract that their own manager ma de with the me by letting me use the free month pass that their own manager had given me. Such would have cost Bal ly Total Fitness a total of about \$50.00 instead of \$145. 00. Moreover, Bally Total Fitness would have gotten a n ew member for hundreds of dollars more per year. Further more, Bally Total Fitness would have gotten more business due my telling my friends to join Bally Total Fitness.
</div><div style="font-size: 1px; line-height")</pre> : 1px;">
</div> <div style="font-size: 1px; line-height: 1px;"><font face</pre> ="'Times New Roman', Times, serif" color="#FFFFFF" class= "size18 TimesRoman18"> In business terms we say, " Bally Total Fitness kicked its own butt in with its own b oot". About fifteen years later, Bally Total Fitness went bankrupt and had to be taken over by a new owner in order to keep it from going out of business. Gee! I wo nder why?
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</div><div style ="font-size: 1px; line-height: 1px;">RUSE #3: THE KNOW IT ALL B ULLY
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iv><div style="font-size: 1px; line-height: 1px;"><font f
ace="'Times New Roman', Times, serif" color="#FFFFFF" cla
ss="size18 TimesRoman18"> The Know-It-All bully adheres
to the motto of, "Fake it until you make it" by making it
appear that he is smart by making it seem that others ar

e stupid.
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</f ont></div><div style="font-size: 1px; line-height: 1px;"> <font face="'Times New Roman', Times, serif" color="#FFFF</pre> FF" class="size18 TimesRoman18"> The following are the w ays in which he does this:
</div><div style="fo nt-size: 1px; line-height: 1px;">
</div><div style="font-size: 1px; line -height: 1px; "> a) The K now-It-All bully gives unsolicited advice that he, himsel f, does not follow. Just tell him, "When I take unasked f or advice I get myself into trouble"
</div><div style="font-size: 1px; line-height: 1px;"><font face="'T</pre> imes New Roman', Times, serif" color="#FFFFFF" class="siz e18 TimesRoman18">
</div><div style="font-size: lpx; line-height: 1px;"><font face="'Times New Roman', T</pre>

imes, serif" color="#FFFFFF" class="size18 TimesRoman18"> b) The Know-It-All bully never admits that he is wrong and he never says, "I don't know". Life experience not re gurgitated information is the best teacher.
< /div><div style="font-size: 1px; line-height: 1px;">
</div><div style="f ont-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Times Roman18"> c) The Know-It-All bully uses his prestigious career title or prominent position in society as an autho rity figure to get people to believe him. Learn to questi on authority.
</div><div style="font-size: 1p" x; line-height: 1px;"><br</pre> ></div><div style="font-size: 1px; line-height: 1p x;"> d) The Know-It-All bully gets you lost in his longwinded gibberish by blabbe ring irrelevant information. Just tell him, "That is not what I am talking about" or "That is not what I asked you ".
</div><div style="font-size: 1px; line-hei" ght: 1px;"><font face="'Times New Roman', Times, serif" c</pre> olor="#FFFFFF" class="size18 TimesRoman18">
</d iv><div style="font-size: 1px; line-height: 1px;"><font f</pre> ace="'Times New Roman', Times, serif" color="#FFFFFF" cla ss="size18 TimesRoman18"> e) The Know-It-All bully const antly interrupts you. Keep repeating what you are trying to tell him until he acknowledges what you are saying. < br></div><div style="font-size: 1px; line-height:</pre> lpx;">
</div><d iv style="font-size: 1px; line-height: 1px;"><font face=" 'Times New Roman', Times, serif" color="#FFFFFF" class="s

ize18 TimesRoman18"> f) The Know-It-All bully uses compl ex jargon to make the simplest point. Just tell him, "Eng lish please".
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<</pre> /font></div><div style="font-size: 1px; line-height: 1px;</pre> "> g) The Know-It-All bu lly tries to convince you that he is the expert by saying , "I have been doing this for umpteen years". Ask yoursel f this, "What has he been doing for umpteen years, master ing his craft or acting like a jerk?"
br></div><di v style="font-size: 1px; line-height: 1px;">
</div><div style="font-size</pre> : 1px; line-height: 1px;"> j) The Know-It-All bully orders people around by speak ing in a bossy tone of voice, vocalizing harsh words, wea ring a facial expression that denotes haughtiness or disp laying aggression through non verbal body gestures such a s standing over you, leaning into you, glaring down at yo u, or sticking his finger in your face. Just tell him, "O h listen to the nonsense!" so that you don't take him so seriously.
</div><div style="font-size: 1px;</pre> line-height: 1px;">
</</pre> font></div><div style="font-size: 1px; line-height: 1px;"</pre> > The following is a rea l life scenario that illustrates how the Know-It-All bull y operates:
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<</pre> /font></div><div style="font-size: 1px; line-height: 1px;</pre> "> I was in a conversati on with a woman I had just met about fitness. I was expre ssing my opinion to her that it made sense to me that ath letes who exercise at higher altitudes than normal will 1 ose excessive weight at a faster rate than athletes who d on't since they will have to burn up more calories just t o grab oxygen. Suddenly, while I was speaking, a Know-It-All bully whom I did not know butted into our private dis cussion and abruptly shouted at me, "You are wrong!!!" Be sides the shockingly high volume, and hostile tone of her voice, she leaned so close into my face that I was able to feel the hot air streaming out of the Know-It-All bull y's big mouth. After that, the Know-It-All bully, whom I did not know, quoted sources on the subject to prove with out a doubt that she knew what she was talking about. Wha t happened next was that, the Know-It-All bully's buddy c himed in by saying, "You better listen to her. She has a degree in fitness and nutrition and she has been working in the field for twenty years". My reply to the argumenta tive duo was, "I don't wish to argue about it". But as if the Know-It-All bully had not heard a word that I said, she continued her verbal tirade. I said nothing more and

walked away. Three years later, while I was watching TV, I saw a commercial advertising a new kind of exercise tha t was being promoted at various fitness centers. It showe d an athlete running on a treadmill inside of a booth tha t had been designed to make the athlete breathe thinner a ir. The narrator of the advertisement stated that a study had been conducted that clearly indicated that people wh o exercise at higher altitudes lost more weight and at a faster rate than people who did not.
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</div><div style="font-siz</pre> e: 1px; line-height: 1px; ">
</div><div style="font-size: 1px; line-heigh" t: 1px;">RUSE #4:

THE GOSSIP MONGER BULLY
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Gossip is the human being's twilight bark of the dog. I t travels fast and tells people the NEWS about what is go ing on in the world. In and of itself it is a very constr uctive way to communicate because it is both informative and expedient...that is, unless and/or until it gets into the mouth of a bully. The Gossip Monger bully is not an informant — one who gives neutral information about perso ns, places, and/or things. The Gossip Monger bully says a nd/or writes negative remarks about others that are for t he most part lies so that he can (a) unjustifiably harm o r hurt an innocent individual and (b) portray himself as "the" victim and (c) rally bystanders to gang up on the l one victim because he is too much of a mega wimp to bully

the victim all by himself. An untrue derogatory verbal s tatement is referred to as slander. An untrue derogatory written statement is referred to as libel. Slander and/or

libel have dangerous ramifications for not only do they ruin a decent person's reputation but they make it diffic ult if not impossible for that person to overcome the "ba d name" that slander and libel has given him even after t hat person's name has been cleared.
</div><di v style="font-size: 1px; line-height: 1px;">
</div><div style="font-size</pre> : 1px; line-height: 1px;"> There are three components to gossip mongering. One, i s the speaker who perpetuates the gossip - yours truly, t he bully. Two, is the listener who listens to, believes i n, and acts upon the gossip - yours truly, the bystander. Three, is the target who has his social and/or economic reputation damaged or ruined by the gossip - yours truly, the victim. The best way to deal with gossip is a) if yo u are the victim, have nothing to do with the bully or th e bully's followers and b) if you are the bystander, don'

t socialize with the bully or hang around the bully's gan q. For c) if the bully cannot find others to participate in his gossip mongering, the gossip will be rendered null and void and NOT be able to harm and/or hurt innocent ot hers. The only instance in which one ought to take gossip seriously is if it is NEWS that either informs others ab out positive things or it warns others about LEGITIMATE evidence based - negative concerns so that one can prote ct and defend oneself from REAL danger.
</div ><div style="font-size: 1px; line-height: 1px;">
</div><div style="fontsize: 1px; line-height: 1px;"> The following is an excerpt from a real life scena rio: [See the BullCrap Busters segment entitled, "The Enf orcer Bully" under the section called "Who in the World a re Mr. Michael and Mrs. Elana Laham" for further details] . It illustrates how the Gossip Monger bully operates: < br></div><div style="font-size: 1px; line-height:</pre> lpx;"><font face="'Times New Roman', Times, serif" color=</pre> "#FFFFFF" class="size18 TimesRoman18">
</div><d iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18"> Mr. Michael and Mrs. Elana Laham mo ved into a new neighborhood into a condo that they owned. The neighbor across the way from them, named KATHRYN DEN ISE MORRELL, was making excessive noise on a daily basis. Every morning this neighbor awoke Mrs. Laham with her sc reaming at her son, "VINCENT !!!" The noise was so relentl ess that Mrs. Laham kept having dreams at night after she went to sleep that referred to her neighbor as "Mrs. Lou d House". One fine day, in a civil manner Mrs. Laham aske d her neighbor if she would please keep the noise level d own. But instead of curtailing her high pitched yelling, the neighbor became unjustifiably angry with Mrs. Elana f or daring to voice her legitimate complaint about the inc onsiderate racket that she was making, and so she spread untrue derogatory gossip about Mrs. and Mr. Laham, to nei ghbors, whom the Lahams did not even know. In no time at all, the residents of THE SPRINGS CONDOMINIUM Complex swa llowed the invalid nonsense, and even though, they also d id not know the new couple on the block, instead of mindi ng their own business - because apparently they did not h ave any business of their own worth minding - they joined in a fight that was not theirs, and formed a gossip ring about Mr. and Mrs. Laham that nearly got them unjustifia bly incarcerated.
</div><div style="font-size" : 1px; line-height: 1px; ">
</div><div style="font-size: 1px; line-height" : 1px;"> Commercial: Wic ked gossip is like the game called telephone. As the slan der and/or libel passes along its nasty lies from one ear to the next it becomes more and more exaggerated expandi ng into multiple highly blown out of proportion falsehood s until the original lie that entered one end of the tele

phone exits the other end of the telephone as completely and totally unrecognizable.
</div><div style= "font-size: 1px; line-height: 1px;">
</div><div style="font-size: 1px; 1 ine-height: 1px;"> Now b ack to our story: Within no time at all, the gossip monge ring bully neighbor's damaging words escalated into a fal se claim that Mr. and Mrs. Laham were involved in crimina 1 activity. So even though vandalism and theft had been q oing on in the neighborhood long before Mr. and Mrs. Laha m moved into it, the new couple was now the scapegoat for any and every illegal activity that took place within th e community. Although no one ever witnessed Mr. and Mrs. Laham doing anything illegitimate, every time some misdem eanor took place, the Springs Condominium neighbors calle d the Irvine Police Department on the new couple. Without any evidence, and in spite of Mr. and Mrs. Laham's prote sts that they were NOT participating in any crime, the Ir vine Police assumed -ASS U ME'D" - that because "Everybod y says so, therefore, it must be true". So both the neigh bors and the police tried to catch Mr. and Mrs. Laham doi ng criminal activity. As time went by, the Spring Condomi nium Neighbors and the Irvine Police became so incensed t hat the new couple was getting away with some crime that the Springs Condominium Association hired security guards and the Springs Condominium neighborhood watch held week ly neighborhood meetings in their attempt to "GET" the so called "BAD" people into illegal trouble.
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</div><div style="fo nt-size: 1px; line-height: 1px;"><font face="'Times New R</pre> oman', Times, serif" color="#FFFFFF" class="size18 TimesR oman18"> A couple of years and thousands of dollars late r, spent on the Keystone Pacific's security guard service , and tax payers' money spent on the Irvine Police Depart ment went by, but the Lahams did not get into any legal t rouble for breaking the law because the Lahams were not 1 awbreakers. However, thoroughly traumatized by all of the twilight zone outer limits events that had transpired ag ainst them, the Lahams sold their condo and moved away.
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</div>< div style="font-size: 1px; line-height: 1px;">
</div><div style="font-si</pre> ze: 1px; line-height: 1px;">RUSE #5: THE MISTER & amp; MISS POPU LAR BULLY
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</fon t></div><div style="font-size: 1px; line-height: 1px;"><f ont face="'Times New Roman', Times, serif" color="#FFFFFF " class="size18 TimesRoman18"> The Popular bully, who is

the leader of the popular crowd, ENTICES the "outsider" to join the "insider's" group by perpetuating the Bully C ulture's myth that, "Popular people have more fun". Howev er, in order to obtain membership into the "in" crowd, th e outsider must grovel for the Popular bully's approval t hereby subjecting him self to public humiliation. Then, e ven after doing so, instead of being granted social accep tance, the outsider is singled out as the bully target wh erein he is made to endure physical beatings and /or verb al berating before the so called "cool" kids. What the ou tsider does not realize is that the "cool" kids are "hot" tempered, miserable, spoiled, adulterated brats that can only find amusement by tormenting those who have the aud acity to, like any other human being, desire to BELONG.

</div><div style="font-size: 1px; line-height: 1px;">
</div>< div style="font-size: 1px; line-height: 1px;"> Well guess what? Being part of the popular bully and his minions is highly overrated. It de mands that young people do downright dangerous and stupid things like take drugs, smoke cigarettes, drink alcohol,

vandalize or steal property, have unprotected sex, or ge t bad grades in school. What is so fun about endangering your own health or jeopardizing your own future by becomi ng addicted to a fatal substance, by contracting an incur able sexually transmitted disease, by having a child when you are still a child, by being yoked with a criminal re cord, and/or by not getting a proper education ?!
</f ont></div><div style="font-size: 1px; line-height: 1px;">
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18"> So the truth of the matter is that Mister and Miss Popular bully and their sidekicks don't have a clue as to how to have any fun.
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
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 </div><div style="font-size: 1px; line-height: 1px ;"><font face="'Times New Roman', Times, serif" color="#F

FFFFF" class="size18 TimesRoman18">RUSE #6: THE VICTIM BULLY
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</div><div style="font-size: lpx; line-hei ght: lpx;"> The Victim bully influences others to believe that it is he, the bul ly, who is really the victim, so that he can continue to get away with victimizing the real victim. He does this b y getting the victim into trouble for the bully's behavio r, and getting the Good Samaritan into trouble for attemp ting to stop the bully, and recruiting the bystander to r

escue him from getting into trouble for being a bully. < br></div><div style="font-size: 1px; line-height:</pre> lpx;"><font face="'Times New Roman', Times, serif" color=</pre> "#FFFFFF" class="size18 TimesRoman18">
</div><d iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18">The following real life scenario enti tled, " No Trespassing for Sassing" illustrates how the victim bully operates:
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</div><div style="font-size: 1" px; line-height: 1px; "> On 5/13/13 we went shopping at the Bellevue Mall. I aske d my spouse to go to the GODIVA CHOCOLATE SHOP, LOCATED A T 147 BELLEVUE SQUARE, BELLEVUE, WASHINGTON 98004, to buy one milk chocolate turtle with the Godiva medallion stam p on it, one dark chocolate turtle with the Godiva medall ion stamp on it, one milk chocolate almond bark and one d ark chocolate almond bark. When my spouse came out of the store, I waved to him that I was across the aisle, "wind ow" shopping. He came over to me and told me that Godiva did not have any dark chocolate with the Godiva medallion stamp on it. So I went back to the Godiva shop to buy on e more piece of candy as a substitute. But just before I entered the store, a tall, fat, blonde haired female (I d o not know her name) came out of the back of the Godiva S hop and told me, "You are not welcome in our store." I sa id, "Oh, okay." After that, I pointed to the Godiva candy that her store had just sold us and I said, "I'll just g o to another Godiva chocolate shop. Bye, have a nice day" and I waved and continued on my merry way. She just stoo d there in front of her store and said no more.
</fon t></div><div style="font-size: 1px; line-height: 1px;"><f ont face="'Times New Roman', Times, serif" color="#FFFFFF " class="size18 TimesRoman18">
</div><div style ="font-size: 1px; line-height: 1px;"> I asked my husband what was going on. He t old me that the Godiva clerk rudely laughed at him for no reason so he told her, "You laugh for nonsensical reason s. You are funny." Then, she gave some lame excuse why sh e was rudely laughing. So he told her, "That's nonsense." Her name was JAMIE. We know because she wrote it on the Godiva receipt next to a, "Tell us about your experience today at Godiva by completing our survey" statement on th e bottom of the Godiva receipt that Jamie had given my sp ouse.
</div><div style="font-size: 1px; line-h eight: 1px;">
<</pre> /div><div style="font-size: 1px; line-height: 1px;"> By the way, I tried to post my customer feedback to Godiva by completing their surve y at the www.godiva.com/customersurvey Internet address t hat was given in order to do so. However, that website ad dress did not allow me to. About a week before that, I ha

d a similar experience with a Godiva clerk named PAGE. I had asked for six pieces of chocolate candy. As she remov ed them from the showcase and put them into a bag she lau ghed. So I said, "You laugh for nonsensical reasons. You are funny." Then she gave me some lame excuse why she was rudely laughing. So I told her, "That's nonsense." After that we left the Godiva shop.
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="font-size: 1px</pre> ; line-height: 1px;"> My spouse and I continued on our merry way to our next dest ination, which was Taco del Mar. We were going to have so me dinner there. Suddenly, ONE police officer from the BE LLEVUE POLICE DEPARTMENT and FOUR security guards from th e BELLEVUE MALL surrounded us. The officer spoke first. H e said while looking at us, "What happened at the Godiva Shop?" So I told him, "While we were buying chocolate the Godiva clerk rudely laughed at my spouse for no reason s o my spouse said, "You laugh for nonsensical reasons." Th en, she made some silly excuse why she was laughing at my spouse, so my spouse told her, "That's nonsense." After that, we were told to leave the establishment. So we left ." When we were finished talking, the Bellevue Police Off icer asked for and took our Driver's Licenses while sayin q, "You are not going to be arrested but the Bellevue Mal l security are going to talk to you."
</div><</pre> div style="font-size: 1px; line-height: 1px;">
</div><div style="font-si ze: 1px; line-height: 1px;"><font face="'Times New Roman'</pre> , Times, serif" color="#FFFFF" class="size18 TimesRoman1 8"> Now one of the four Bellevue Mall security guards e xplained to us that Godiva had filed a one-year no-trespa ssing order against us. It stated that we were harassing their employees. I frowned at the word "harassing". It i s a very vague word. Godiva was using that word to vilify us by implying that we had done something wrong without providing any evidence to prove that indeed we had. All w e had done was sass two of their employees for being rude to us for nothing. "How absurd", I said. Then he said, "This is private property so they can file a no trespassi ng order against you for any reason." I said, "For expres sing our freedom of speech? Fine! So I guess they don't l ike the color of my blue eyes." After that, the same Bell evue Mall security guard showed me that the one-year no t respassing order not only included the Godiva Shop, but a lso the entire Bellevue Square Mall, a place called Linco In Square, a place called Bellevue Place, and a place cal led Bellevue Properties. Neither I nor my spouse had eve r visited any of them. "Wow!" I said in a complete state of shock, "Why don't you just ban us from the whole town of Bellevue?" Incensed at the absurdity of it all, I said with sarcasm, "I pledge allegiance to the flag of the Un ited States of Corporate America which is turning America into Nazi Germany." I added, "Fine. There are plenty of other Malls that I can shop at." None of them said anythi

ng to that.
</div><div style="font-size: 1px;</pre> line-height: 1px;">
<</pre> /font></div><div style="font-size: 1px; line-height: 1px;</pre> "> Now one of the Bellev ue Mall security guards who was wearing glasses accused u s of going into the Godiva shop six times to call Godiva' I was not able to believe what I was s employees names. hearing. "Six times?" I asked. He said, "Godiva has bot h audio and visual." "They do?" "I'd like to see and hear it" I said. He told me, "You can see it in a year after the no trespassing order is over." I said, "Why, because you don't have any such audio or visual?" None of them sa id anything to that.
</div><div style="font-si ze: 1px; line-height: 1px;"><font face="'Times New Roman'</pre> , Times, serif" color="#FFFFFF" class="size18 TimesRoman1 8">
</div><div style="font-size: 1px; line-heig ht: 1px;"> Now the Bell evue Mall security quard with the glasses blurted out, "Y ou did it! Admit it!" I said, "Just because you bel ieve the business just because it's the business and you don't believe the consumer just because I am the consumer , doesn't mean that I did anything." None of them sai d anything to that.
</div><div style="font-size" : 1px; line-height: 1px;">
</div><div style="font-size: lpx; line-height" : 1px;"> Now I told the Bellevue Mall security guard with glasses, "How strange that Godiva files a one-year no trespassing order on us A FTER not BEFORE Godiva just sold us some chocolate" and I held up the bag of Godiva chocolate that we had just bou ght along with the receipt that Godiva had just given us. iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18">
</div><div style="font-siz</pre> e: 1px; line-height: 1px; "> Now the Bellevue Mall security guard who was wearing the glasses started to tell me what a one-year no trespa ssing order was. I said, "I know what a no trespassing or der is." He said, "Is that because you have had one filed against you before?" I said, "No. It is because we have had to file lawsuits against businesses. I learned law b efore you were in diapers."
</div><div s tyle="font-size: lpx; line-height: lpx;">
</div><div style="font-size: 1" px; line-height: 1px;"> Now I asked, "Why don't you go catch some criminals? You know, like the ones who come into the mall with machine guns and shoot people?" He replied, "Are you making thre ats?" "I said, "Oh my God! This conversation is over. You

are twisting my words around. I take the Fifth." I was r eferring to the Fifth Amendment of the United States Cons titution. It states that every American citizen has the r ight to remain silent, because anything one says can and will be used against one in a court of law.
< /div><div style="font-size: 1px; line-height: 1px;">
</div><div style="f ont-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Times Roman18"> Now one of the other Bellevue Mall security q uards took photos of us as if we are dangerous people who make threats, do vandalism, steal things, and/or attack people. Flabbergasted, I said, "If America goes to war we will lose because none of you people know what your prio rities are." None of them said anything to that.
</fo nt></div><div style="font-size: 1px; line-height: 1px;"><</pre> font face="'Times New Roman', Times, serif" color="#FFFFF F" class="size18 TimesRoman18">
</div><div styl e="font-size: 1px; line-height: 1px;"> Now another Bellevue Mall security quard requested that we sign the one-year no trespassing orders . I asked, "Do we have to?" He said to my surprise, "No." So I said, "I am not going to dignify it by signing it." And we didn't. He then told us, "You can appeal the oneyear no trespassing order." I said, "The business is alwa ys right and the consumer is always wrong so I am not goi ng to waste my time."
</div><div style="fontsize: 1px; line-height: 1px;"><font face="'Times New Roma</pre> n', Times, serif" color="#FFFFFF" class="size18 TimesRoma n18">
</div><div style="font-size: lpx; line-he"</td> ight: 1px; "> During the whole time that we were being detained another one of th e Bellevue Mall security guards, who was stocky in build, just stood there next to me on my left and smiled. I com mented, "I know why you are smiling. But I am not going t

o say why, as you will deny it." I believe that he was mo rbidly amused that his job required him to harass patrons and in such a manner for merely sassing back rude-for-no thing workers.
</div><div style="font-size: 1p x; line-height: 1px;">
</div><div style="font-size: 1px; line-height: 1p x;"> Now all four Belle vue Mall security guards escorted us to our car. The one with the glasses said, "Now don't you forget about that p ink slip" (the copy of the one-year no trespassing o rder that they had given us). I rolled my eyes up to the ceiling and told all of them, "Both of us are in our fift ies. Neither one of us has ever had in our entire lives a ny criminal record. But since you are harassing us for no good reason, we are going to blog you on the Internet."
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</div><

style="font-size: 1px; line-height: 1px;"> WE WILL NEVER EVER DO BUSINESS WITH A NY GODIVA CHOCOLATE SHOP OR SHOP AT THE BELLEVUE MALL LOC ATED IN BELLEVUE SQUARE IN BELLEVUE, WASHINGTON, AGAIN!!!

</div><div style="font-size: 1px; line-heigh"</pre> t: 1px; ">
</div ><div style="font-size: 1px; line-height: 1px;">If the reader is interested in vie wing the Godiva receipt and the notice of no trespassing order along with the map illustrating the areas we are ba nned from for one year then please go to hyperlink Godiva Receipt and Notice of No Trespassing Order< /a> at www.bullcra pbusters.com.
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</div><div style="font-size: 1px; line-height: 1px;">
</div><div style="font-size: 1 px; line-height: 1px;">RU SE #7: THE ISOLATOR BULLY
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div><div style="font-size: 1px; line-height: 1px;">
</div><div style="fo nt-size: 1px; line-height: 1px;"> Human beings are social animals. We must have s ocial contact with other people. So the Isolator bully ma y as well be nicknamed "the terminator" for he is the fac ilitator of suicidal and homicidal victims of bullying si nce he socially ostracizes innocent individuals. The Isol ator bully takes the victim's will to live away from him by making the victim's peers believe that there is someth ing intrinsically wrong with the victim. Then the victim is singled out as the ONLY ONE who gets bullied and there by becomes the ONLY ONE who is socially banned from the r est. After that, the Isolator bully tells the victim, "Ev eryone hates you" or "Nobody likes you" to add insult to injury.
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</fon t></div><div style="font-size: 1px; line-height: 1px;"><f ont face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18"> The Isolator bully gets t he victim to ponder the primordial question of, "Why me?"

"Why am I a victim of bullying?" And when that question goes unanswered, or gets incorrectly ricocheted off of th e wall, and it will, thanks to the Bully Culture, the vic tim concludes that he must eliminate his so called defect ive self, and/or those who have deemed his God given exis tence a fluke. But what makes a victim compelled to take his own life and/or the life of others just because he is

the ONLY ONE being bullied and others shun him? Isn't th at rather extreme? Not really. Do you know what crib deat h is? It occurs when a newborn infant dies in its crib be cause no one picks it up and holds it or plays with it or talks to it.
</div><div style="font-size: 1p x; line-height: 1px;">
</div><div style="font-size: 1px; line-height: 1p x;"> Now envision this: One innocent child out of all of the other children in th e entire school is selected by the Isolator bully to be t he bully target. That means that throughout elementary sc hool, junior high school, and high school even college th at kid is going to be shunned by ALL of his peers. It wil 1 not matter if the child relocates to different schools since libel and slander travel fast and far. You can than k cyber bullying for that. If you do the math, that's a t otal of twelve years of social neglect and abuse that tha t child will have to endure.
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</div><div style="font-size: 1px;</pre> line-height: 1px;"><font face="'Times New Roman', Times,</pre> serif" color="#FFFFFF" class="size18 TimesRoman18"> The human being is a complex organism. It is composed of phys ical, emotional, mental, and spiritual aspects. For the s ake of one's overall health and wellbeing, all of these a spects must be well adjusted. Our physiological self has to have air to breath, water to drink, food to eat, and s helter to keep itself warm in order to survive. Our emoti ve self must have sexual intercourse, a meaningful occupa tion, and fulfilling social interpersonal relationships i n order to ensure that we have the will to go on living. Hence, if a child is being chronically demoralized, by be ing deprived of meaningful social contact, it will die ju st like the newborn babe dies in its crib.
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an', Times, serif" color="#FFFFFF" class="size18 TimesRom an18">The following is a real life scenario illustrating how the Isolator Bully operates:
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="font-size: 1px" ; line-height: lpx;"> Th e BEAD WORLD Store is located at 9520 Roosevelt Way, NE, Seattle, WA 98115. Phone: 206-523-0530. Bead World had an other store located at 110 Central Way, Kirkland, WA 9803 3. Phone: 425-827-4808. It went out of business. Gee! I w onder why?
</div><div style="font-size: 1px;</ti> line-height: 1px;"><font face="'Times New Roman', Times,</pre> serif" color="#FFFFFF" class="size18 TimesRoman18">
</</pre> font></div><div style="font-size: 1px; line-height: 1px;"</pre> > On 10/14/12, I was sin gled out for bullying at the Bead World Store in Seattle.

I went to the cashier #39; desk to ask what a pack of sterling silver eye pins were used for. Politely and ple asantly I asked my question to a tall, thin, long blonde curled at the ends haired female who looked to be in her twenties. I had never ever seen her at Bead World before. Instantly, she got angry with me and in a huff walked ov er to a display of necklaces, pointed at a silver chained green one, and said in an impatient, bossy, hostile tone of voice, "Look at this one." I don't take crap fr om people so I gave her back her own medicine by saying, "Okay" in a tone of voice that mirrored her own.
</ font></div><div style="font-size: 1px; line-height: 1px;"</pre> >
</div><div st yle="font-size: 1px; line-height: 1px;"> After that, she rudely walked away and went to help two other customers. Never mind that I had asked for her assistance before they did. The impatient, bossy, hostile demeanor she had so readily and abruptly d isplayed towards me suddenly vanished. It was instantly r eplaced by a sweet sounding, helpful, patient tone of voi ce as she assisted the other two customers. She did not c ome back to help me after she was finished helping them. I had to ask my husband to ask her to come back over and finish helping me. $\frac{dr}{f}$ ont></div><div style="font-size: 1px; line-height: 1px;"> <font face="'Times New Roman', Times, serif" color="#FFFF</pre> FF" class="size18 TimesRoman18">
</div><div sty le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18"> When she did I told her, "I can't see th e details of the necklace that you pointed out to me from this far away to learn how the eye pins are used in it.& quot; Then I asked, "Is this green silver chained necklac e that you told me to look at for sale to buy or just on display to look at?" She said in an impatient, hostile, b ossy tone of voice, "To look at." So I said in a tone of voice that mirrored her own, "Some of the customers of t

his store do not have 20/20 vision, especially the older ones, so we cannot see from that far away. Will you take it down so that I can look at it up close?" She gave me a really mean look. Then she said, "I will cut it down fo r you."
</div><div style="font-size: 1px; lineheight: 1px;">
 </div><div style="font-size: 1px; line-height: 1px;"><fon t face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18"> To her uncalled for facial expression I said indignantly, "You are unbelievably rud e. I am the customer. I give you a job! Doesn't tha t mean anything to you?" She no longer made any eye contact with me. Her eyes were looking downwards. But he r reply to what I said was to tell me, "I am not going to help you. Mariella will assist you." "Fine" I said. "Т want someone who acts like a professional to help me." < br></div><div style="font-size: 1px; line-height:</pre> 1px;">
</div><d iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18"> After that, I walked over to where Mariella was standing. I started to ask her what the eye pins are used for when suddenly the other rude for nothi ng female interrupted me by giving me her unsolicited adv ice on how to use the eye pins. Immediately, I said in an indignant tone of voice, "You are interrupting me!" She said lamely, "I am talking to Mariealla." I said, "You ar e interrupting me. I am talking to Mariella, you mean, st upid, selfish, lazy, arrogant, lying flunky!" She shut up for a brief moment.
</div><div style="font-s"</pre> ize: 1px; line-height: 1px;">
</div><div style="font-size: 1px; line-hei ght: 1px;"> Mariella sta rted to explain to me what the eye pins were for. After a moment, Mariealla took me over to where the green, silve r chained necklace was, took it down from its display, to ok a piece off of it, and proceeded to demonstrated how t o use an eye pin. While Mariealla was doing so, the other rude for nothing female interrupted us again by saying t o me, "Stop calling me names." I said, "I am not calling you any names."
</div><div style="font-size: 1</td> px; line-height: lpx;"><b r></div><div style="font-size: 1px; line-height: 1 px;"><font face="'Times New Roman', Times, serif" color="</pre> #FFFFFF" class="size18 TimesRoman18"> She interrupted us again by saying, "I want to help Mariella." I said, "S top talking to us. You said that you did not want to help me." After that she said, "I want to help Mariella." So I said, "If Mariella needs your help she will ask for it. Now leave us alone!" The other rude for nothing female f inally left me alone by disappearing into the backroom of the store. A few minutes later, she re-emerged and went to help another customer.
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ont-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Times Roman18">
</div><div style="font-size: 1px; lin e-height: 1px;"> During the entire altercation none of the staff came out to rep rimand this rude for nothing employee for her uncalled fo r behavior. None of the patrons of the store did or said anything about her despicable behavior either. They were perfect little bystanders. I went back over to Mariella w ho was now standing next to the cash register and purchas ed the items that I wanted. When our business transaction was finished, I politely and pleasantly told Mariella, " Thank you. Have a nice day." Mariella said nothing. I lef t.
</div><div style="font-size: 1px; line-hei ght: 1px;"><font face="'Times New Roman', Times, serif" c</pre> olor="#FFFFFF" class="size18 TimesRoman18">
</d iv><div style="font-size: 1px; line-height: 1px;"><font f</pre> ace="'Times New Roman', Times, serif" color="#FFFFFF" cla ss="size18 TimesRoman18"> As I pondered the incident I began to connect the dots. Several months ago, I came int o the Bead World Seattle Store. I had never ever been the re before. Upon my first visit, an older woman with gray hair, who was thin and sloppily dressed, whom I had never ever seen before, came over to me. While I was inspectin g the beads that I hoped to buy to construct an Abalone S hell necklace, she asked me a question about the rainbow stone colored beaded necklace that I had made that I was wearing. I no longer remember what it was. However, what I do recall was my reply to it. Having had umpteen bad ex periences with bully(s) invading my privacy only to use m y open sharing as a means by which to insult my person fo r no reason, I opted to no longer do so. So, I told her, "Shhh. It is my concern." My blunt candid answer to her n osy question, unbeknown to me, apparently upset her very much. Initially, she was taken aback. After a moment she got embarrassed and started volunteering all sorts of non sensical excuses for why it was necessary for her to mind Finally, she decided twice to call me "H my business. oney." So, twice I called her "Sweetheart."
</ div><div style="font-size: 1px; line-height: 1px;"><font</pre> face="'Times New Roman', Times, serif" color="#FFFFFF" cl ass="size18 TimesRoman18">
</div><div style="fo nt-size: 1px; line-height: 1px;"> le Store, the same woman came by to where I was inspectin g the merchandise that I planned to buy and said to me, " You're back?" I said, "Yes." le="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="font-size: 1px</pre> ; line-height: lpx;"> т he third time I came to the Bead World Seattle Store the same woman greeted another patron but walked right by me without saying word to me.
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Roman', Times, serif" color="#FFFFFF" class="size18 Time sRoman18">
</div><div style="font-size: 1px; li</pre> ne-height: 1px;"> The f ourth time I came to the Bead World Seattle Store was whe n this above incident on 10/14/12 happened. Apparently th is older woman who worked for this Bead World Store was v ery upset with me that how dare I sass her back for being rude to me for nothing.
</div><div style="fo nt-size: 1px; line-height: 1px;"><font face="'Times New R</pre> oman', Times, serif" color="#FFFFFF" class="size18 TimesR oman18">
</div><div style="font-size: 1px; line</pre> -height: 1px; "> For th e short duration of time that I shopped at this Bead Worl d's Seattle store, I bought over \$100.00 worth of merchan dise that I made an Abalone Shell necklace out of with ma tching Abalone Shell pendant and matching Abalone Shell e arrings. My purchase included medium strength bead wire, fifty silver bead crimps, six silver fasteners, forty 6 m m dark gray round stone beads, forty 8mm Abalone Shell fl at beads, and three one inch in diameter circular cut Aba lone Shell mounted on silver backing.
</div><d</pre> iv style="font-size: 1px; line-height: 1px;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18">
</div><div style="font-siz e: 1px; line-height: 1px;"> On 10/15/12, I went back to the Bead World Seattle St ore for one reason and one reason only, to get an exchang e of some merchandise. I was an excellent customer of Bea d World. I wore the Abalone Shell Necklace and Earring s et that I had hand made into the Bead World Store. Moniqu e and Mariella were the only employees there.
 </div><div style="font-size: 1px; line-height: 1px;"><fon t face="'Times New Roman', Times, serif" color="#FFFFFF" font-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Time sRoman18"> The moment my husband and I stepped foot int o the store both of them started laughing. Apparently, th ey were laughing at me for being singled out for victimiz ation by their employer for bullying. I knew this to be so because their laughter sounded choreographed; they lau ghed together simultaneously, and they laughed even thoug h neither they nor we had said or done anything to give t hem any reason to laugh. To their laughter I said, &quo t;You laugh for nonsensical reasons."
< /div><div style="font-size: 1px; line-height: 1px;">
</div><div style="f ont-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Times I went to the front counter and made an excha Roman18"> nge of the four black resin roses I had bought that did n ot work out as a pendant or as earrings for my rainbow st one colored bead necklace for one hundred and fifty sterl ing silver crimps that I can always use. The exchange was

made successfully. I exited the store. The Bead World Seattle store SINGLED me out for bullying just because I sass people back since they are rude to me for nothing s o I decided to never ever patronize it again.
</div><div style="font-size: 1px; line-height: 1px;"><fo</pre> nt face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style= "font-size: 1px; line-height: 1px;">
</div><div style="font-size: 1px; 1 ine-height: 1px;"> RUSE # 8: THE STEALTH BOMBER BULLY
> </div><div style="font-size: 1px; line-height: 1px;"><fon t face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style="</pre> font-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Time sRoman18"> The Stealth Bomber bully uses a "hit and run" style of bullying. Rather than be the knight in shinning armor with lance in hand astride a battle worn horse sto rming the castle's moat yelling his war cry; the Stealth Bomber bully approaches the victim's castle as the plumbe r in a paddy wagon come to fix the broken pipes in the ki tchen.
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</div><div style="font-size: 1px; line-height: 1px;"><fo</pre> nt face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18"> The Stealth Bomber's modus of operand a - mode of operation - is a covert versus an overt operation. Without warning he will strike his bull y target and then suddenly retreat into the oblivion. For example, he will physically harm his victim by throwing a SUCKER PUNCH or emotionally hurt his victim by verbaliz ing an AMBIGUOUS remark. Immediately after that, the Stea 1th Bomber bully will run away so that the victim cannot strike back - by not being available by refusing to answe r his door, by screening all of his calls, by hanging up the phone, by not attending an interview, by returning to sender his mail. Or, he will hide behind his minions so that the victim cannot strike back.
</div><di v style="font-size: 1px; line-height: 1px;">
</div><div style="font-size"</pre> : 1px; line-height: 1px; "> The following is a real life scenario illustrating how the Stealth Bomber bully operates:
</div><div</div style="font-size: 1px; line-height: 1px;"><font face="'Ti</pre> mes New Roman', Times, serif" color="#FFFFFF" class="size 18 TimesRoman18">
</div><div style="font-size: lpx; line-height: 1px;"><font face="'Times New Roman', Ti</pre> mes, serif" color="#FFFFFF" class="size18 TimesRoman18"> I called the medical center next to Long Beach Memorial Hospital in Long Beach, California, to cancel an appointm ent I had made with a doctor. The doctor's receptionist a nswered the phone in a friendly and polite manner. I aske

d her, "Whom am I speaking to?" She replied, "My name is Edna." I told her, "I have to reschedule my appointment." Edna asked me, "What is your date of birth?" I need it t o look up the scheduled appointment so that I can cancel it." I told her my DATE of birth. Then, Edna asked me "Wh at DAY is your birthday?" My birthday was six month away so I shrugged my shoulders and answered, "I don't know." Suddenly Edna let out a sarcastic laugh and said mockingl y, "You don't even know what day your birthday is?" Immed iately after that I heard the sound of a click. Edna had hung up the phone on me.
</div><div style="fon t-size: 1px; line-height: 1px;">
</div><div style="font-size: 1px; line-</pre> height: 1px;"> Furious at her unbelievable rudeness, I called back and requested

to speak to Edna. But the medical center's co-workers li ed to me that the receptionist was not there that day or pretended to be the receptionist, or put me on hold...ind efinitely. Infuriated I filed a grievance with the hospit al about the unbelievably rude-treatment I was given by E dna, their receptionist. Edna's supervisor sent me a bed bug letter that did nothing but defend Edna. As far as th e receptionist was concerned she had gotten away with bul lying me. But I refused to give up.
/font></div><div style="font-size: 1px; line-height: 1px;">
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One day when I called and asked for Edna, the telephone operator answered the phone and told me that Edna no lon ger worked there. I asked the operator if she knew where Edna now worked. The telephone operator divulged the coor dinates to the private doctor's office that Edna was now working for. The following day the Stealth Bomber bully r eceptionist Edna received an incoming call asking for her by her name. Edna got on the phone. After I had the rece ptionist verify that she was Edna, I said, "On any day of any year can fall a birthday, you idiot!" Immediately af ter that, Edna heard the sound of a click. I had hung up the phone on her. And that was the end of that.
</fo nt></div><div style="font-size: 1px; line-height: 1px;"><</pre> font face="'Times New Roman', Times, serif" color="#FFFFF F" class="size18 TimesRoman18">
</div><div styl e="font-size: 1px; line-height: 1px;"><font face="'Times</pre> New Roman', Times, serif" color="#FFFFFF" class="size18 T imesRoman18">
</div><div style="font-size: 1px;</pre> line-height: 1px;">RUSE **#9:** THE EXCUSE MAKER BULLY
 </div><div style="font-size: 1px; line-height: 1px;"><fon t face="'Times New Roman', Times, serif" color="#FFFFFF" class="size18 TimesRoman18">
</div><div style=" font-size: 1px; line-height: 1px;"><font face="'Times New</pre> Roman', Times, serif" color="#FFFFFF" class="size18 Time sRoman18"> As an educator, I have had to deal with the c

hild in my classroom who tries to get away with not doing his homework by telling his teacher that - the dog ate i t, it got laundered in his pant's pocket, his pencil brok e, his eraser got lost, the alien who landed his UFO on t he roof abducted it, etc, etc, etc. The Excuse Maker bull y is notorious for not taking responsibility for his own actions. And that is because the Bully Culture starting w ith his own parents, do not make him accountable for his own behaviors. The Bully Culture's attitude towards bully ing is, "That's just the way that it is".
</div ><div style="font-size: 1px; line-height: 1px;">
</div><div style="fontsize: 1px; line-height: 1px;"> The Excuse Maker bully uses his fertile imaginatio n to invent lame excuses as to why it is okay to be a bul ly. The Excuse Maker bully will say such things like, "Th e victim made me do it" "The victim asked for it". "The v ictim's face was in the way of my fist". "I didn't mean i t", I can't help it", "It was a misunderstanding", "It ju st happened", "I am stressed out", "I am not perfect I am only human"...are you getting BORED yet?
</d iv><div style="font-size: 1px; line-height: 1px;"><font f</pre> ace="'Times New Roman', Times, serif" color="#FFFFFF" cla ss="size18 TimesRoman18">
</div><div style="fon t-size: 1px; line-height: 1px;"> The Excuse Maker bully is so proficient at makin g up lame excuses for being a bully that he has managed t o get away with taking any and every virtue that a victim has and turning it into a flaw. For example, "The victim is not smart he is nerdy" and "The victim is not lovable he is needy" and "The victim is not loyal he is clingy". The Excuse Maker bully is so efficient at making up lame excuses for being a bully that he has managed to get awa y with taking any and every flaw that a bully has and tur ning it into a virtue. For instance: "The bully is not ar rogant he is confident" and "The bully is not corrupt he is street smart" and "The bully is not cruel he is cool". Isn't that nice! chr></div><div style="font-size"</pre> : 1px; line-height: 1px;">
</div><div style="font-size: 1px; line-height" : 1px;"> The Excuse Make r bully is also so adept at making up lame excuses for be ing a bully that he has managed to get away with not havi ng to be sorry for victimizing the victim.
</ div><div style="font-size: 1px; line-height: 1px;">
</div><div style="fo nt-size: 1px; line-height: 1px;"><font face="'Times New R</pre> oman', Times, serif" color="#FFFFFF" class="size18 TimesR oman18"> The following are some of the insincere apologi es that the Excuse Maker bully makes in order to get away with being a bully:
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Times, serif" color="#FFFFFF" class="size18 TimesRoman18 ">
</div><div style="font-size: 1px; line-heigh" t: 1px;"> Instead of apo logizing the Excuse Maker bully will say, "It was an acci dent". Whether or not the Excuse Maker bully meant to har m or hurt the victim he has done so. Thus, the Excuse Mak er bully is obligated to make the victim whole again by r epairing or restoring what he took away from the victim.< br></div><div style="font-size: lpx; line-height:</pre> lpx;"><font face="'Times New Roman', Times, serif" color=</pre> "#FFFFFF" class="size18 TimesRoman18">
</div><d iv style="font-size: lpx; line-height: lpx;"><font face="</pre> 'Times New Roman', Times, serif" color="#FFFFFF" class="s ize18 TimesRoman18"> Another insincere apology the Excu se Maker bully will offer is, "I'm sorry if I offended yo u." The word "IF" means that, the Excuse Maker bully is i n denial that he has done anything wrong. One cannot regr et what one has not done. So the Excuse Maker bully is re ally not sorry at all! Another thing do is
</div><div style="fontsize: 1px; line-height: 1px;"><font face="'Times New Roma</pre> n', Times, serif" color="#FFFFFF" class="size18

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