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WHY IT IS IMPORTANT TO LEARN HOW TO STOP PHYSICAL BULLYING

By: waled saleh on 10:00 AM

By Eliza Mendoza

Bullying has devastating effects, and is a behavior that needs to be handled carefully to eliminate it within the society. Learning how to stop physical bullying can help those being bullied to understand ways to cope with the problem and come out courageously to denounce it. In children, this behavior affects their academic achievement. This harmful behavior can be witnessed among children and young adults, and to some extent in adults and elderly persons.

The effects of a bully behavior can last for a long time, and children who have been affected may grow up with those challenges. The children may show the effects many years after the bully happened. There are tormenting experiences, which can affect the future of a child. The earlier the situation is dealt with to help the child to understand this issue, the better it is because it assists the affected child to cope and deal with the effects.

The children feel that the bullies could further continue attacking them when they discover that the issues that been reported to teachers or parents. This however, does not have to happen and children who are mistreated by their peers should seek help from the older persons. Keeping silent only makes the matter worse, and it could lead to problems that are more serious.

The more the bullied remains silent, the more he or she continues to suffer physically, emotionally, mentally, and psychologically. Due to the constant fear and threat of being hurt or harmed, children and young adults may develop behaviors such as keeping off school. Parents and guardians as well as teachers should understand the behaviors of their pupils and students.

Children who truant from school may be mistaken of being rude or lacking discipline. This can aggravate the effects of the hurting behavior from a bully. The victim feels that there is no one who understands his or her needs, and may even result to doing more hurting things such as an attempt to commit suicide.

Children and young people who are going through the mistreatment are scared of attending their classes. Children may even spend days at home or out of school because of the fear and embarrassment from the behavior of the bully. Physical bullying can take

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many forms, and it may be anything that causes physical contact between the victim and the aggressor.

It could be something like kicking, pushing, biting, choking, poking, or even pinching. In order to deal with this problem, people need to understand the aspect of a bully behavior. It is something that causes daunting moments to victims. Children or young adults have attempted suicide because they feel deprived off their life and rights to live a happy life.

It is only through great understanding and constantly talking to children to know what is happening that the parents can know the truth. Otherwise, the affected children may continue being harassed and mistreated by the bullied. By learning and understanding the approaches you can use on how to stop physical bullying, it can help protect your child and other children from the problem.

About the Author:

If you want information about how to stop physical bullying, go to the web pages here at www.bullcrabbusters.com today. You can see details online at http://www.bullcrabbusters.com now.

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