## Islam Makes Happy

## Why Parents Should Know How To Stop Physical Bullying

By Eliza Mendoza

Bullying has devastating effects, and is a behavior that needs to be handled carefully to eliminate it within the society. Learning how to stop physical bullying can help those being bullied to understand ways to cope with the problem and come out courageously to denounce it. In <a href="mailto:children">children</a>, this behavior affects their academic achievement. This harmful behavior can be witnessed among children and young adults, and to some extent in adults and elderly persons.

Regardless of the age of a bully and the victim of the behavior, this issue has to be tackled intuitively. A child who is being bullied has a psychological mental problem where he or she <u>cannot</u> concentrate in <u>class</u> work. The victim feels demoralized and reaped off the passion to pursue academic work.

The children feel that the bullies could further continue attacking them when they discover that the issues that been reported to <u>teachers</u> or <u>parents</u>. This however, does not have to happen and children who are mistreated by their peers should seek help from the older persons. Keeping silent only makes the matter worse, and it could lead to problems <u>that are</u> more serious.

Many cases of bully activities go unreported because the victims fear of further aggressive attacks should the bully know about it. However, this is a big mistake made by the people subjected to such harassment, and they have to learn how to approach bullying in the right manner. No matter how defenseless a child feels, there is always help from the older people.

Children who truant from school may be mistaken of being rude or lacking discipline. This can aggravate the effects of the hurting behavior from a bully. The victim feels that there is no one who understands his or her needs, and may even result to doing more hurting things such as an attempt to commit suicide.

Because they feel hopeless, and denied their freedom and rights to live, the affected children may want to cut their life short by committing suicide. Parents and teachers should be aware of such incidents and behaviors so that they save their children from the constant threats, molestation, and attacks by the bullied. It is certainly one of the trying moments for those children affected, and it is time older people should show concern, love, care, and the need to help.

It could be something like kicking, pushing, biting, choking, poking, or even pinching. In order to deal with this problem, people need to understand the aspect of a bully behavior. It is something that causes daunting moments to victims. Children or young adults have attempted suicide because they feel deprived off their life and rights to live a happy life.

It is important that teachers, parents, and guardians understand the behaviors of their children. However, <u>parent</u> and teachers sometimes do not seem to understand how to interpret the behaviors of children and pupils. This makes it difficult to know how to stop physical bullying and save children who are suffering from exposure to the bullies.

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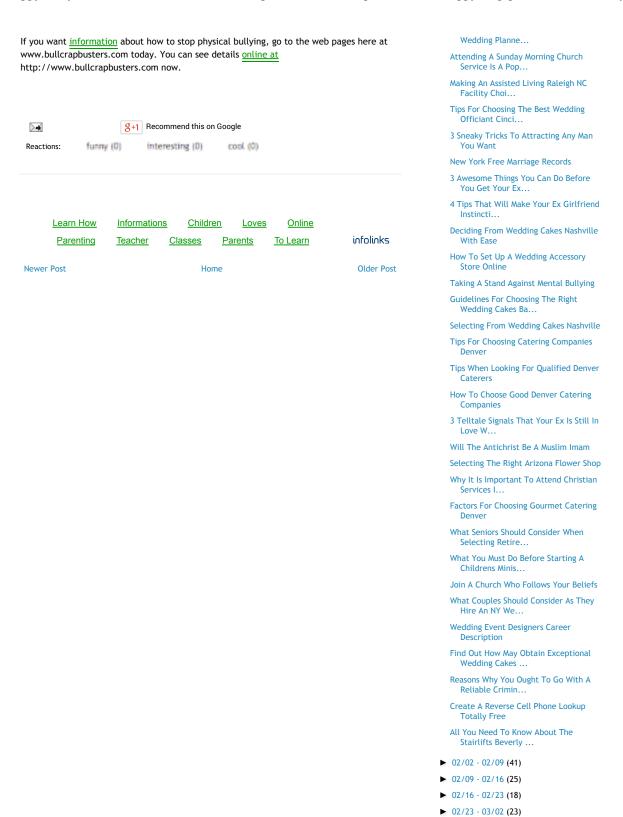
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